



Free Education Program for family members, partners and friends
of individuals diagnosed with:

Major Depression
Bipolar Disorder (Manic Depression)
Schizophrenia and Schizoaffective Disorder
Borderline Personality Disorder
Panic Disorder and Obsessive Compulsive Disorder
Co-occurring Brain Disorders and Addictive Disorders
Post-Traumatic Stress Disorder

A series of 12 weekly classes structured to help caregivers understand and support individuals with serious mental illness while maintaining their own well being. The course is taught by a team of trained NAMI family member volunteers who know what it's like to have a loved one struggling with one of these conditions. There is no cost to participate in the NAMI Family-to-Family Education Program. Thousands of people in the U.S., Canada and Mexico have completed this course, and we think you will be pleased how much assistance the program offers. We invite you to call for more information.

NOW ENROLLING FOR FALL 2017

Grace Avenue United Methodist Church
3521 Main St., in Frisco
Beginning Sept. 7, 2017
Thursdays 6 – 8:30 p.m.

There is no cost for this course - curriculum and workbook are included

Registration is required

Contact NAMI Denton County by Sept. 5 to register:

(469) 248-8789
generalinfo@namidenton.org