



Denton County MHMR Center

Resource Packet

**24-Hour Crisis Hotline:
(800) 762-0157
(940) 387-5555**

Locations:

Denton Outpatient Clinic

2519 Scripture
Post Office Box 2346
Denton, TX 76202
(940) 381-5000
(940) 383-1804 – Fax

Services Include:

**Crisis, Intake, Adult Mental Health Program,
Child and Adolescent Mental Health Program**

Tompkins Outreach Services

830 S. I-35 E
Denton, TX 76205
940-565-5277

**Services Include: Intake for IDD Services and
General Revenue Program**

McKinney Outpatient Clinic

3835 Morse St., #101
Denton, TX 76208
940-891-0970

**Services Include: HCS Care Coordination,
HCS Residential, Community Support/Vocational,
HCS Family Living Services, Connections Program**

Morse Street Clinic

3827 Morse Suite 101
Denton, TX 76208
940-381-5000

Services Include: HCS Service Coordination

Lewisville Outpatient Clinic

101 East Corporate Drive
Suite 150
Lewisville, TX 75057
(214) 488-0121

Services Include:

**Crisis, Intake, Adult Mental Health Program,
Child and Adolescent Mental Health Program**

Table of Contents

<i>Counseling</i>	<i>4-9</i>
<i>Eating Disorder Information</i>	<i>10</i>
<i>Education and Employment</i>	<i>10-13</i>
<i>Food / Emergency Food Banks / Clothing</i>	<i>13-16</i>
<i>Healthcare Providers Who May Take</i>	
<i>Medicaid or Medicare</i>	<i>17-18</i>
<i>GLBT Resources</i>	<i>18-19</i>
<i>HIV / AIDS Resources</i>	<i>19-20</i>
<i>Hotlines</i>	<i>20-21</i>
<i>Housing / Shelters</i>	<i>21-26</i>
<i>Legal</i>	<i>26-27</i>
<i>Medical</i>	<i>27-32</i>
<i>Medication Assistance Programs</i>	<i>33</i>
<i>Mental Health Hospitals</i>	<i>33-36</i>
<i>Intellectual and Developmental Disability Resources</i>	<i>36-38</i>
<i>Child and Adolescent Resources</i>	<i>38-42</i>
<i>Miscellaneous Resources</i>	<i>42-45</i>
<i>Private Psychiatrists</i>	<i>45</i>
<i>Support Groups (Local)</i>	<i>46</i>
<i>Support Groups (Miscellaneous Health and</i>	
<i>Mental Health Information)</i>	<i>46-47</i>
<i>Transportation</i>	<i>47</i>
<i>Vision and Hearing</i>	<i>47</i>
<i>Volunteer Services</i>	<i>48</i>
<i>Web Sites</i>	<i>48</i>
<i>Group Homes</i>	<i>49-50</i>

***Notes Spanish Speaking Staff available**

Counseling and Therapy

ABC Behavioral Health - 4600 Samuel – Dallas - 75228 – (214) 275-8500 - Crisis Line - 1-866-260-8000
Psychiatric services and counseling.

Susan A. Adams, LPC, NCC, ACS – 225 W. Hickory – Suite C – Denton – 76204- (940) 595-0940 –
dradams@centurytel.net
Grief Counseling.

Advocacy and Pregnancy Center - 817 South Mill Street – Suite 112 - Lewisville, TX 75067 –
(972)-436-2273 – 1:30pm – 6 pm (Tues., Wed., Thurs.)
Provides free diapers and wipes. Must have valid ID.

Amber Kuntz and Associates – 608 N. Bell – Denton – (940) 535-4375 - www.ambercounselor.com
Individual, family, couples and group counseling. Serves all ages. Groups available for Autism, Suicide Survivors and eating disorders. Offers in home counseling, ADD/ADHD testing and pet assistance therapy. Accepts private pay and private insurance.

AssuraSource – 12700 Hillcrest Road #258 – Dallas, TX – 75230 – 1-800-573-1010 or (972) 233-1010
<http://assurasource.com/>
Provides in home mental health counseling to those in DFW area. Accepts Medicaid and Medicare.

Avenues to Change – (469) - 693-0305 - Mobile counseling that accepts Medicaid for C&A.

***Brief Therapy Institute – (214) -941-1650 – 1005 W. Jefferson Blvd. Suite 205 – Dallas 75208**
Services include Psychiatric evaluations, Psycho-social assessment, Play therapy, Individual and group Counseling, Outpatient Substance Abuse treatment/assessment and education. Sliding scale fee and accepts Medicaid

Los servicios incluyen evaluaciones psiquiátricas, asesoramiento psico-social, terapia de juego, consejería individual o en grupo, tratamiento/asesoría y educación para abuso de sustancias. Cuotas determinadas por una escala y aceptamos Medicaid.

Caring Counseling - (940) 453-8846 or (940) 441-3962
Charges range from 0-\$50 per session

Gary Carpenter, PhD, LPC - (972)-377-4357 or (972) - 625-7407
Specializes in family violence. Sliding Scale Fee. Frisco and The Colony.

***CCD Counseling – (940) 382-5328 and 1-800-897-7068 – www.ccdcounseling.com**
Services include assessments for Substance Abuse, ADHD for adults and children, play therapy, group therapy, couples and marital counseling, substance abuse counseling, divorce and co-parenting counseling. Services available in Denton, Decatur, Lewisville and Farmers Branch. Will accept Medicaid, most insurance and sliding scale fees for private pay.

Los servicios incluyen asesoramiento de abuso de sustancias, ADHD para adultos y niños, terapia de juego, terapia en grupos, consejería de parejas y matrimonios, consejería de abuso de sustancias, consejería de divorcio. Servicios disponibles en Denton, Decatur, Lewisville and Farmers Branch. Aceptamos Medicaid, la mayoría de aseguranzas y cuotas de escala de pago privado.

Revised October 2013

Counseling and Therapy

***CEMA of North Texas, LLC - (940) 381-5010 – 723 S. I-35 E – Suite 222 – Denton- 76205**

Medicaid and sliding scale upon discussion with counselor.

Medicaid y cuota de escala se recibe al hablar con el consejero.

***Child and Family Guidance Center – Dallas - (214) 351-3490 - Mesquite - (972) 285-8834 – Plano – (972) -612.5989**

Services include: clinical assessment, individual counseling, case management, psychiatric evaluation/diagnosis/medication management, community-based rehabilitative and skills training for adults and children, family and community education program. Sliding fee scale or insurance.

Los servicios incluyen: el asesoramiento, consejería individual, manejo de caso, evaluación/diagnostico/manejo de medicamento psiquiátricos, entrenamiento de rehabilitación para adultos y niños con habilidades dentro de la comunidad. Se aceptan aseguranza o tarifa en escala.

Christian and Grief Works for Children – (972) 960-9981 or 1-800-375-2229 – 5440 Harvest Hill Road #140 – Dallas, Texas 75230 – christian-works.org

Free grief and divorce support for children 5-18 various other counseling on sliding scale, adoption services, pregnancy counseling.

Cumberland Family Services Counseling Clinic – 909 Greenlee Street – Denton, TX 76202 – (940) 382-5112 – www.cpch.org

Offers individual, couples, family and group counseling. Also offers Love and Logic parenting training. Sliding scale fees. No insurance accepted at this time.

Denton Child & Family Clinic - 529 Malone – Denton – (940)-566-4949

Individual and family therapy. No Medicaid.

**Denton County Friends of the Family – 4845 S. I-35 Suite 200 – Corinth, TX – 76210 - (940) -387-5131
Crisis Line: (940)-382-7273 or 1-800-572-4031**

Provides free group and individual counseling to children, adolescents and adult victims of sexual assault, relationship violence and adult survivors of sexual abuse. Also provides shelter to battered women and children. Parenting support groups for survivors of family violence, relationship violence, or sexual assault issues. Fees applied to batterers' ONLY.

Denton Police Department Family Services Unit – Richard Godoy, MSSW-LCSW – Family Services Coordinator – 601 E. Hickory – Denton – (940) 349-7909 – richard.godoy@cityofdenton.com

Individual, couples and family grief counseling available at no cost.

**Dr. Lisa Elliot (Cooke's Children's) - 3201 Teasley - Suite 202 - Denton, TX 76210 –
Call (682)-885-3917 for intake**

Most insurance including Medicaid/CHIP are accepted. Serving children 4-18. May have a wait list.

Counseling and Therapy

Family Guidance Center – 4031 W. Plano Parkway - Plano – (214) -351-3490 -

Outpatient therapy for children 4-18 and adults. Sliding scale fees. Will accept Medicaid, CHIP and most private insurance. Services also available in Dallas and Mesquite.

***Family Tree Counseling (Through CCD Counseling Office) – (940) 382-5328 or 1-800-897-7068 –**

www.ccdcounseling.com

Free family counseling with Family Tree Program if there is a child in the home from 0-17.

Consejería familiar gratuita con el programa de Family Tree si tiene un menor de 0-17 años.

**Family Wellness Center - 131 Degan Ave. - Suite C&D- Lewisville – (972)-436-8881
or (972) – 841-4864**

Medicaid Authorized Provider for Children and Adolescents

***Galaxy Counseling Center – 1025 Jupiter Road – Garland, TX – 75042 - (972)-272-4429**

Anger Management Group (10 weeks in English only) on Tuesdays from 7 PM to 8:30PM or Saturdays from 10:00AM - 11:30AM. (\$25 each session including first which is an intake). Other services include Psychiatric testing and evaluations, play therapy, family therapy, couples therapy, group therapy, individual therapy for adolescents and adults. Sliding scale fees or North Star, Blue Cross/Blue Shield accepted. Spanish speaking counselors available.

Grupos de manejo del enojo (10 semanas en Inglés solamente) los Martes de 7pm a 8:30pm o Sábados de 10am a 11:30 am (\$25 por sesión incluyendo la primer visita). Otros servicios incluyen terapia para adolescentes y adultos. Cuotas en escala o se acepta North Star, Blue Cross/Blue Shield. Consejeros que hablan español disponibles.

Grace Counseling – 105 Kathryn – Suite E – Lewisville, TX – 75067 – 1-800-972-0643 –

www.grace-counseling.com

Offers individual and group counseling for adults and adolescents. Specializes in addiction treatment, depression, anxiety, relationship issues, trauma, and sexting and social media. Sliding scale fees.

Healing Transitions Counseling PLLC – Barb Petsel, LPC, MS, FT, RN – 2301 Ohio – Suite 259 – Plano – (214) 384-9272 – www.barbpetsel.com

Adult, child and teen grief counseling. Private pay only at \$85 an hour.

Judy DeKuehn, LPC – 501 S. Carroll – Suite 122 – Denton - (940) 380-1600 – freshperspectivescounseling.com

Specializes in Trichotillomania, eating disorders, Agoraphobia and OCD. Private pay only.

Dr. Molly Kuzmich – (972) 754-7308

Provides family, individual, and couples counseling. Is a registered play therapist. Takes Medicaid.

LifeNet - 9708 Skillman- Dallas - (214) 221-5433

Psychiatric services and counseling.

Counseling and Therapy

Dr. Cindy Meyering - 2008 Hollyhill Lane – Denton, Texas -76205 – (940) 453-4732

Accepts Medicaid, Star, CHIP, Compcare and Private Pay. Serves 18 months & up--filial, play, individual, trauma recovery, and psychological issues related to medical diagnoses.

Lifeway Counseling Center – 3309 Unicorn Lake – Suite 161 – Denton, TX – 76210 – (940)382-0109

Provides individual, couples, family, child, adolescent and play therapy. Accepts insurance and private pay. Sliding scale fees available.

My Guiding Light Counseling – Reni Parker, MS, LPC – 108000 Wild Oak Drive – Frisco – (469) 583-1492 – reni@myguidinglightcounseling.com

In home grief counseling for persons with long term illness.

Ms. Cheryl Oliver Counselor/Therapist , MA , LPC , LMFT - 2301 Olympia - Suite 100 - Flower Mound - Texas - 75028 - (817) 438-0730

Accepts Aetna, BlueCross and/or BlueShield, Medicaid, TRICARE, and Wellpoint as well as private pay.

Parenting Alone – 1445 MacArthur Dr. – Suite 248 – Carrollton, Texas 75007 – (972) 242-7100

www.parentingalone.org

Support and counseling for families going through a break –up.

Pastoral Counseling Center - 4525 Lemmon Avenue - Suite 200 – Dallas, TX - 75219

(214)-526-4525 – www.pccdallas.org – Fax – (214) 520-6468

For anyone in need: individuals, couples, families, anxiety, depression, grief, marriage and children counseling, abuse, alcohol and / or substance abuse. Will accept sliding scale private pay, Medicare, CHIP and North Star.

Project REV (Resources for Ending Violence) - Contact the Program Coordinator (Jones Hall) at (940) 898-2744

This is a program at TWU that is designed to provide education and prevention services to all TWU students and direct counseling services to students who are victims of domestic violence, dating violence, sexual assault, and stalking.

Sharon Beam, LPC – 2970 FM 455 W – Sanger, TX. – 76266 - (940) 300-2312

Specializes in trauma and anxiety disorders. Accepts Cigna, United Health Care, BC/BS, and Aetna.

The Turning Point Rape Crisis Center– (972)985-0951 – P.O. Box 866754 – Plano, TX – 75086 - Crisis line – 1-800-886-7273

Offers free counseling, education and advocacy for those impacted by sexual assault, sexual harassment and bullying

Counseling and Therapy

***Salesmanship Club Youth and Family Centers -106 E. 10th Street – Dallas, TX 75203 – (214) 915-4700**
www.salesmanshipclub.org - A nonprofit organization that has worked to improve the lives of at-risk and troubled kids and families in the Dallas area since 1920. Will serve families in Denton County as long as long as they arrive on time for their appointments. Serves children from 0-6 in early childhood intervention program with therapy, treatment groups and parent education. Will also serve children and adolescents 7 and up at another location in Dallas. No family is ever turned away because they are unable to pay for services. First appointment is free and then sliding scale fees apply for subsequent appointments. Esta organización si fines lucrativos a trabajado para mejorar la vida de niños en riesgo, con problemas y a sus familias en el área de Dallas desde 1920. Atenderán a familias del condado de Denton siempre y cuando lleguen a tiempo a sus citas. Sirven a niños desde 0-años con el programa de terapia de intervención temprana en la niñez, grupos de tratamiento y educación a padres. También atienden a niños y adolescentes de 7 años en adelante en otra localidad en Dallas. Ninguna familia es rechazada por que no pueden pagar por los servicios. La primera cita es gratis y luego se aplica una cuota en escala para las siguientes citas.

Terrell Counseling Services – 1204 Bent Oaks #200 – Denton, TX 76210 (940)387-3450 and - 1278 F.M 407 – Bldg. 109 – Lewisville, TX 75077 – There is a third office in Gainesville
Offers adult, adolescent and play therapy, couples counseling, pre-marital counseling and family therapy. Groups include Anger Management (8 weekly sessions, Life Skills (5 hours) and Theft Diversion (6 weekly sessions). Also offers Psychological and Drug and Alcohol Assessments. Accepts most insurance and private pay. No Medicaid.

Texas Social Services – 1200 Jupiter#940301 – Plano, TX – 75074 – www.texassocialservices.org
Counseling for children and adults. Low income or no income individuals on Medicaid, Value options or who have private insurance. No fees if client has Medicaid or NorthStar. Not accepting phone calls. Go to website, click on web check in, complete form, click on button on bottom of form. Serving Collin, Dallas, Denton, Grayson, and Tarrant Counties.

Eren Evans Turner - MA , LPC-S- Turner Family Counseling - 413 W. Bethel Road Suite 202 – Coppell - Texas - 75019 - (972) 349-0076.
Provides individual and family Counseling to individuals 12 and over. Evening and Saturday appointments only. Accepts traditional Medicaid only. Will also accept sliding scale private pay.

Two Creeks Counseling –Robin Powell Tran, LCSW – 18333 Preston Road – Suite 550 – Dallas – (469) 426-4480 – www.twocreekscounseling.com

***TWU - Counseling and Family Development Center - Human Development Building - Suite 114 (940) 898-2600**
Monday thru Thursday 1:00PM to 9:00PM. Individual, group, marital, couple and family counseling for children, adolescents, and adults who are experiencing personal or relationship difficulties or grief. Play therapy for children 3-10. Sliding scale fee. Center closed during some school breaks. Hours will be indicated on voice mail.

Lunes a Jueves de 1-9pm. Consejería individual, en grupo, marital, en pareja y familiar para niños, adolescentes, y adultos quienes están experimentando dificultades o luto personal o en una relación. Terapia con juego para niños de 3-10 años. Cuota en escala. Los centros cierran durante algunas de las vacaciones escolares. Los horarios se anuncian por un correo de voz.

Revised October 2013

Counseling and Therapy

UNT - Child and Family Resource Clinic - 1180 Union Circle – Denton – (940) 565-2066

Serves children, adults, couples and families from North Texas area. Group, individual and family counseling as well as play therapy. Psycho-educational assessment available. Sliding Scale Fee.

UNT - Counseling and Human Development Center - Stovall Hall - 1400 Highland - Denton

(940) 565-2970- Individual, marital, couples counseling for adults and adolescents. Career counseling also available. Appointments Monday through Thursday during school semesters. Services not available during breaks. Sliding scale fees.

UNT - Psychology Clinic - Terrill Hall - 1611 West Mulberry - Room 171 – Denton – (940) 565-2631

Individual, marital, family, group and play therapy. Psychological evaluations. Sliding scale fees. Open Mon-Thurs. 8am-8pm and Fri. 8am-5pm. Services not available during school breaks.

UT Southwestern Family Studies Center (Chase Tower) – 6300 Harry Hines Blvd. 7th Floor Suite 722 - Dallas - TX - 75235 – (214) 648-6945 – Provides individual, couples and family therapy. Sliding scale fees.

Lori Vann, M.A., LLC, LPC Supervisor – 214-270-6966 - 4020 Huffines Blvd. #120 – Carrollton, Tx.75010

Counseling and LPC Intern Supervision

Veterans Affairs Medical Center - 4500 South Lancaster – Dallas – (214) 742-8387 or 1-800-849-3597

Mental Health emergency room contact (214) 857-4313. Crisis line for Vets available 24 hours 1-800-273-8255 (press 1).

The Warm Place – 809 Lipscomb Street – Ft. Worth, Texas 76104 – (817) 870-2272

www.thewarmplace.org

Grief support at no cost to children ages 3 1/2- 18 and their families as well as young adults ages 19-25 who have lost a significant relationship through death.

Woman to Woman Pregnancy Resource Center – 521 N. Locust – Denton – (940)383-4494 – info@dentonprc.org

Hours are M-W 10a-4p – Thurs. 10a-7p – Fri. 10a-2p - Free pregnancy testing, peer counseling, access to an on-site RN for information and referral, Childbirth Classes, and English Classes.

Youth and Family Counseling – 105 Katherine Drive, Suite 3A – Lewisville, TX – 75067 – (972) 724-2005 - www.youthandfamilycounseling.org

Counseling for youth and parents. First Time Offender Program. Sliding Fee Scale.

Eating Disorder Information

Chrysalis – 722 W. Oak – Denton, TX. – 76201 – (940)382-5688 -

<http://northtexaseatingdisorders.org/program.html>

Chrysalis is a 24-week intensive program that features 8 hours of therapy per week including: 2 hours of psycho education/art therapy, 2 hours of therapeutic meals, 4 hours of group therapy, including private individual meetings with parents or partners at intervals as the client is ready. This intensive group treatment program is designed for individuals who require additional care for eating disorders beyond the typical 1 to 3 hours of individual and group therapy per week. The program can be completed while continuing work or school. Additional services include individual, group therapy, family and couples therapy, dietary counseling and services for men. Flexible payment plans available.

Dallas Presbyterian Hospital – 8200 Walnut Hill Lane – Dallas, TX. – 75231 - (214) 345-7355

Dr. Annetta Ramsay - (940) 382-5688 - No Medicare or Medicaid

Mary Orndorff - Bedford, TX – (817) 285-6002 – www.mary-orndorff.com - No Medicare or Medicaid

The Renfrew Center – 1-800-736-3739 - 9400 North Central Expressway – Suite 150 – Dallas -75231

- Treats Adolescent Girls (Age 14 and above) and Women
- Intensive Outpatient Treatment
- Day Treatment
- Support Groups/Treatment Groups
- Individual, Family and Couples Therapy
- Nutritional Consultation
- Psychiatric Consultation

Education and Employment Resources

The Apple Tree Project – School supplies – call (940) 565-5479 – M-F – 8a-11:30a and 1p-3:30p

Interfaith Ministries of Denton, Inc.

- Denton ISD children only
- Families must complete an application to qualify

Career Center – Denton County High School – 1007 Fulton Drive – Denton, TX – 76201 – (940)369-2020 – www.dentonisd.org

Any resident of the Denton community seeking career assessment/interpretation or counseling.

**Career Transition Ministry – Denton Bible Church - Learning Center II, Room 100 – (940) 262-3252
careertransitions@dentonbible.org**

Wednesdays at 6:45pm and first timers come at 6:00pm

Education and Employment Resources

Christian Community Action (CCA) Special Programs – 200 S. Mill St. – Lewisville – (972) – 436-4357

- Serve families that have resided for at least 90 days in 8 school districts: Lewisville, Argyle, Denton County Area of Carrollton/Farmer's Branch, Coppell, Frisco, Lake Dallas, Little Elm, NW ISD
- Each eligible child will receive 2 outfits, shoes, a backpack and school supplies.
- Families must contact (972)-436-4357 for eligibility requirements and to set an appointment.
- Many classes offered including GED, ESL, Literacy, Keyboarding instruction, Computer Training, Job Search Support, Budget training, free tax preparation, forklift certification, Medical billing and coding program, and connect to success program for current high school students to help with a post high school plan. Call number noted above or visit www.ccahelps.org for schedule of class times.

Communities in Schools of North Texas – 1565 W. Main Street – Lewisville, TX – 75067 – (972)350-4773 – www.cisnt.org

Provides dropout prevention services to economically disadvantaged students in schools across Denton and Wise counties. Services include a case management program and the 21st Century Afterschool program. Serves schools in Denton, Lewisville, Little Elm and Northwest ISD's.

Community Services, Inc. – call (940)483-9396 for appointment if residing in Collin and Denton Counties

Offers assistance with GED test funding, tuition, books/supplies, college prep classes, ESL/SSL classes, citizenship classes and homebuyer education classes, continuing education, computer classes, certifications, uniforms, tools and equipment through CSBG program. Must apply and qualify for programs.

Denton ISD Adult and Community Education – 1215 N. Elm - Denton – (940)-369-0091

Program serves Denton, Wise, Cook and Collin Counties. GED Preparation, ESL and wealth of community education topics are provided.

Denton Public Library Literacy Program – 502 Oakland Street – Denton, TX – 76201 – (940)349-8774 www.dentonlibrary.com

For adults over 18 and older that would like to improve their literacy skills. Each student must complete an application and reading assessment before being matched to a tutor.

Experience Works – 900 Austin Ave. #303 – Waco, TX – (254) 889-3880 – www.experienceworks.org

Identifies and establishes host agency training sites, then recruits and places eligible trainees for part-time training/employment. Tutors and assists trainees to find unsubsidized employment. Experience Works pays trainees minimum wage during training period. Serves Denton County residents 55 and older that are unemployed or low-income.

***Family Resource Center of North Texas – UNT Campus – Denton – (940) 565-2066**

Parenting classes, minors in possession classes, prenatal classes, information / referral needed for services.

Clases para padres, clases a menores en posesión, clases prenatales, información y referencias de otros servicios.

Others Helping Others – 101 S. Shady Shores - Lake Dallas – (940)-566-2311 or (940)-498-7005

Provides Job Quest Training for D.A.R.S. clients and day rehabilitation services.

Revised October 2013

Education and Employment Resources

North Texas Job Corps Center- 1701 N. Church Street - McKinney, TX 75069 - (800)733-5627

Job Corps is a no-cost education and career technical training program administered by the [U.S. Department of Labor](#) that helps young people ages 16 through 24 improve the quality of their lives through career technical and academic training.

Reach - 405 South Elm Street – Suite 202 –Denton, TX - 76201 – (940) 383-1062 – www.reachcils.org

Reach of Denton offers the following services: Information & referral services, peer counseling, advocacy assistance, disability awareness & sensitivity training, independent living skills training on such topics as basic cooking, time management, budgeting/money management, assertiveness, and basic computer skills, technical assistance and training in complying with the Americans with Disabilities Act (ADA), social/recreational activities, advice and training on the removal of architectural and attitudinal barriers that people with disabilities encounter, loan assistive technology/equipment such as manual and electric wheelchairs and walker (as available), adjustment to disability training and weekly support groups.

Texas A&M Agrilife Extension Service –401 W. Hickory – Suite 125– (940) 349-2882

www.denton.agrilife.org

Offers informal education opportunities and support materials in specialized areas.

***Texas Department of Assistive & Rehabilitation Services (DARS) – 3600 E. Mc Kinney – Suite B - Denton office - Denton: (940)-384-7901 - Lewisville: 919 N. Mill – Lewisville, TX 75057 – (214)-222-2080**

Assist people with disabilities in becoming more independent and provides services, which will lead to employment. Some assistance and services to visually impaired alongside REACH. Asistencia a personas con discapacidades para ser más independientes, se proveen servicios que ayudaran a guiar hacia un empleo. Algunos servicios y ayuda a personas con impedimentos visuales junto con el programa de REACH.

Texas Offender Reentry Initiative (A ministry of The Potter’s House) – 1810 High Hill Blvd.(located within Good Haven Apts.) – Dallas, TX - 75203 – (214) 941-1325

Anyone is eligible to receive job placement services if they have a misdemeanor(s) or felony (ies), with the exception of sex offenses. Orientation is mandatory in either Dallas or Ft. Worth and participants must accept that the assistive organization is faith-based.

***Texas Workforce Solutions (North Central Texas Workforce) - 1300 Teasley Lane – Denton, TX - 76205 – (940) 382-6712 – www.dfwjobs.com**

Job referral and placement services. Employment counseling for veterans, disabled workers, parolees and other special applicant groups. Statewide-computerized job matching www.twc.state.tx.us system. Also federal job listings, childcare Statewide Job-line: 1-888-610-JOBS (5627) referrals, TANF, labor market Information. Job club meets Mondays at 2 pm.

Servicios de referencia de trabajo. Consejería para veteranos, trabajadores con discapacidades, personas en libertad condicional y otros grupos con necesidades especiales. Contamos con un sistema computarizado en todo el estado para encontrar trabajo www.twc.state.tx.us

También hay ofertas de trabajo federal, cuidado de niños en todo el estado. Línea de referencia de trabajo: 1-888-610-JOBS (5627), TANF, información del mercado laboral. El club de trabajo se reúne los lunes a las 12pm.

Revised October 2013

Staffing Agencies that will assist those with a Criminal Record (Felonies and Misdemeanors) Obtain

Employment: Agencias de empleo que ayudan a personas con records criminales (felonias o delitos menores) a obtener un trabajo.

***Integris Staffing Solutions**
1903 Central Drive Suite 222
Bedford, Texas 76021
817-210-6202

Food / Emergency Food Banks / Clothing/ Rental Assistance

Asbury Methodist Church Relief Ministry - 117 Hercules – Denton – (940) 387-6487 – www.asburydenton.org

Food only. Monday at 10 am and 6 pm. First 30 people only.

Argyle Food Bank – 414 N. Hwy377 – Argyle - (940)464-7224 – www.firstargyle.org

Food only from 9a-11:45a on Mondays.

***Catholic Charities of Dallas – www.catholiccharitiesdallas.org**

***Catholic Charities - 249 W. Thornhill Dr. - Fort Worth TX - 76115 – (817) 534-0814**

Food, clothing, rental assistance, and assistance with utilities.

Comida, ropa, asistencia con pago de la renta, y ayuda con los pagos de servicios de luz y agua.

Central Baptist Church - 2221 North Carroll – Denton – (940) 382-6969

Assistance with food by appointment only.

***Christian Community Action (CCA) - 200 South Mill Street – Lewisville – (972) 436-4357**

For residents of Lewisville and nearby areas-call to verify qualification. Assistance with utilities, Rx, food, clothing, job search. Food Stamp employee comes to office twice a week for applications or updates.

Monday through Friday from 9:00am to 5:00pm. Closed daily from 12p-12:30p.

Para los residentes de Lewisville y las áreas cercanas-llamada necesaria para verificar aceptación. Ayuda con el pago de servicios, recetas médicas, comida, ropa, y ayuda para encontrar trabajo. Un empleado de la oficina de estampillas de comida viene dos veces por semana a recoger aplicaciones o actualizaciones. Lunes a Viernes de 9:00am a 5:00pm. La oficina esta cerrada diario de 12:00pm a 12:30pm.

Christian Church of God Voice of Jesus Parish – 514 N. Elm – (940) 387-3355

Food pantry open Tuesdays and Wednesdays from 1p-2p.

***Community Services, Inc. – P.O. Box 612 – Corsicana, TX – 75151 – 1-800-831-9929 or (903)872-2401**

Utility assistance for those that qualify through Comprehensive Energy Assistance Program (CEAP). Must make appointment.

Denton Community Food Center - 109 West Sycamore – Denton – 76201 - (940) 382-0807

Open M-F from 1:00PM to 3:00PM, excluding holidays.

Food / Emergency Food Banks / Clothing/ Rental Assistance

Denton County WIC (Women, Infants and Children – 535 S. Loop 288 – Suite 1003 – (940)349-2930

www.dentoncounty.org

Provides nutrition education programs, breastfeeding support and education, supplemental food and referrals.

***First Baptist Church - 1100 Malone – Denton – (940) 382-2577**

Food pantry Monday 9a-12p, Wed. 1p-4p, Thurs. 6p-8p, Second Saturdays 9a-12p

Despensa de alimentos lunes a jueves 9am-4pm.

Hope, Inc. - 117 West Sycamore – Denton – (940) 382-0609

Call between 9am and Noon for appointment. Assistance with housing to homeless families in Denton, financial assistance for family counseling, and utilities when funds are available.

Interfaith Ministries – 1109 N. Elm – Denton – (940) 565-5479

Must call for appointment. Serving northern Denton County including Bolivar, Corinth, Denton, Hickory Creek, Lake Dallas, Sanger, and Shady Shores. Services include Emergency utility assistance, Emergency medical needs for adults, Emergency rent/shelter assistance, Public transportation assistance, Eyeglasses for adults and children, Summer fan distribution, Assistance obtaining identification, Winter coats for children, Personal care supplies, Back-to-School Supplies, and Adult and Infant Diapers. Also budgeting assistance.

***Lake Cities United Methodist Church – 300 E. Hundley – Lake Dallas – 75065 - (940) 321-6100**

9a-2p – Tues. and Thurs. and 6p-7p 2nd and 4th Thurs. Emergency food assistance to residents in Lake Dallas, Hickory Creek, Corinth, and Shady Shores.

Ayuda de emergencia de alimentos a residentes en Lake Dallas, Hickory Creek, Corinth y Shady Shores.

Lifegate Food Pantry - (940)323-0714- Appointment required – 3350 Deerwood Pkwy - Denton

One day per week: Tuesday 9am-1pm

Life Line Texas - 1-866-454-8387

The Lifeline program is designed to help qualified low-income individuals pay the monthly cost of basic telephone service.

Lite-Up Texas – 1-866-454-8387

Assistance with electricity May-August yearly

Little Elm Food Bank – 501 Bill Street – Little Elm – 75068 - (972)294-4061 – www.leafb.org

Provides emergency food for residents of Little Elm, including Hackberry, Lakewood Village, Oak Point, Crossroads South of 380, and Rocky Point. Open Mon. 9a-4p, Thurs. 9a-5p, Fri. 9a-12p and every 3rd Sat. 9a-3p.

Food / Emergency Food Banks / Clothing/ Rental Assistance

Meals on Wheels of Denton County – 1800 Malone Street – (940) 387-5692 (Director)

Volunteers deliver hot meals Monday through Friday between 10:30 am and noon for home-bound Denton residents when unable cook meals, dine out, or grocery shop easily. Meals are free, but a donation of \$1.50 per meal is suggested. Call for applications.

Comidar en Ruedas es provista por el condado de Denton. Llamar para pedir aplicaciòn

Metro Relief – 5313 S. Colony Blvd. – The Colony, TX – 75056 - (214)705-3555

www.metrorelief.org

Open Mon. and Wed. 9a-12p. May access one time a week. Resume building and interviewing practice available during pantry times and by appointment.

Mission Arlington Main Office- 210 W. South St. - Arlington – (817) 277-6620

Food and clothing pantry available to all in need. Residency not a requirement for food and clothing. May also have furniture available, but each person has to provide their own transportation for furniture, unless they are residents. Allan Saxe Dental Clinic providing dental care free of charge – for Tarrant county residents only. Medical clinic for Tarrant County Residents. Counseling services provided by local counselor's volunteering their time. Medical equipment loaned out free of charge: nebulizers, wheel chairs, canes, crutches. Arm and wrist splints are also given away free.

Our Daily Bread - 300 West Oak – Suite 200 – Denton – (940) 382-5604 –

www.ourdailybreaddenton.org

Lunch for the hungry in Denton. Open 10am-1:30pm. Can provide application assistance to SNAP nutrition program, laundry vouchers and an address for employment applications

Pilot Point Goodfellows – 1189 S. Hwy. 377 – Pilot Point, TX – 76258 - (940) 686-3014 –

Open M-W-F-8:30a-12p. Food, clothing, medical assistance (depends on available funds) for residents of NE Denton County.

Roanoke Food Pantry/Northwest Christian Community Services – 108 Pecan Street – Roanoke, TX - 76262 – (817) 491-4451

Operates from 9am-2pm Mon., Tues.,Wed. Provides food, clothing, household items and some utility assistance.

***Salvation Army - 1508 East McKinney Street – Denton – (940) 566-3800 and 207 Elm Street - Lewisville – (972) 353-9400**

Denton shelter available for men, women and women with children. Hot meals served for breakfast and supper. Daily check-in begins at 5 p.m. Must have identification. Emergency assistance with food, clothing, small appliances, rent, utilities and gas when funds are available at both Denton and Lewisville locations. Community kitchen available at Lewisville location from 12p-1:30p M-F. Call ahead as operation days periodically change.

Refugio en Denton disponible para hombres, mujeres, y mujeres con niños. Se sirve comida caliente para el desayuno y comida. El registro diario empieza a las 5pm. Debe presentar alguna identificación. Ayuda de emergencia de alimentos, ropa, pequeños aparatos, renta, servicios y gas, disponible solo cuando hay recursos en las oficinas de Denton y Lewisville.

Food / Emergency Food Banks / Clothing/ Rental Assistance Shepherd's Hand –
1123 Ft. Worth Drive – Suite 101A - Denton TX - 76205 - (940) 435-8860
www.theshepherdshand.org

Food and clothing assistance. Available M-F noon to 5 pm and 2 pm Sunday.

Shepherd's Storehouse - 1189 Highway 377 South - Pilot Point, TX- 76258 – (940) 686-2620

Clothing and food. M,W,F from 8:30 am-12pm.

Singing Oaks Church Of Christ - 101 Cardinal – Denton, TX - 76209 – (940) 387-4355

Assistance with food and clothing. Clothing Store: 8:30am-11:30am on Tuesdays, Food Pantry :3p-5p on Tuesdays and Thursdays.

Stew Pot – 1822 Young Street – Dallas – (214) 746-2785

Serves three meals a day to those in need. Works closely with The Bridge. 8am-3:45pm – Assistance with food, medical, education, case management and daytime shelter.

Tarrant County Food Bank - 2600 Cullen Street - Fort Worth – (817) 332-9177

Texas Department of Health and Human Services - 3612 East McKinney Street – Denton, TX 76209
(940) 320-5700 - www.hhsc.state.tx.us

Applications for Medicaid, Food Stamps, or TANF (Temporary Assistance for Needy Families)

United Way of Denton County - 625 Dallas Drive – Suite 525 - Denton TX 76205 - (940) 566-5851
or 211

Referral to agencies able to help with rent, food, utilities, clothing.

Vision Ministries - 626 Wainwright – Denton- (940) 387-8230

Assistance with food, clothing, and hygiene items. Furniture available by referral only, financial assistance includes help with identification, new job expenses, hotel room assistance for families, bus tickets to travel out of town, continuing education and GED assistance. Sweat Team will build ramps and provide minor repairs for physically limited individuals. Open Tues. Wed., Fri., 12:30pm-4pm and Thursdays 12:30pm-7pm. NO RENT AND NO UTILITY ASSISTANCE.

Healthcare Providers: Accepting Medicaid/Medicare

This is a general list of physicians and is not meant to be comprehensive. Referral to a physician on this list is only meant to be a general recommendation that may be appropriate to your need and is NOT an offer to pay for services. If you are referred to a physician on this list, please call to verify whether new clients are being accepted and if Medicaid or Medicare will pay for services before making an appointment.

Dr. Ajit Dave, M.D., P.A.

3327 Colorado Boulevard, Suite 200

Specializes in Internal Medicine, Oncology and Hematology

Denton, TX 76201

940-382-4060

Accepts regular Medicaid/Medicare and Indigent Care

Will not prescribe pain medication or Psych meds.

Dr. Hamilton L. Jones (Pediatric Dentist)

1212 Bent Oaks Ct. Suite 100

Denton, TX - 76210

940-387-0823 or 382-1313

UT Southwestern Psychiatry

Bass Center Tower 2

6363 Forrest Park Road

Suite 749 – 7th Floor

Dallas, TX. 75235

(214) 645-8500

Accepts Medicare

First Family Medical

525 S. Loop 288 Suite D

Denton, TX 76205

940-442-6500

Accepts Medicare/Medicaid

No Psych Meds or Pain Meds

Acepta Medicar/Medicaid

No medicinas de psiquiatría ni analgésicos.

Dr. Scott Talbot

2665 Scripture St

Denton, TX 76201

940-484-4424

Accepts Medicare/No Medicaid

No Psych Meds

Dr. Islam (Psychiatrist)

Carrollton, TX

(469) 444-2244

Accepts Medicare

***Ragsdale Vision Center**

526 North Locust

Denton, TX

940-387-9595

Accepts Medicaid/CHIP/No Medicare

Accepts Medicaid & Medicare

Acepta Medicaid y Medicare

Dr. Litif (Psychiatrist)

2026 W. University

(940) 380-7181

Denton, TX - 76201

Specializes in Geriatrics/No SA

Accepts Medicare

Family Medicine of North Texas

Dr. Purgason

2601 Scripture – suite 102

Denton, TX. 76201

(940) 442-6455

Accepts Standard Medicare/No Medicaid/

No Psych Meds.

Parkland Behavioral Health Center

(Psychiatric Service)

(214) 590-5536

Healthcare Providers: Accepting Medicaid/Medicare

***Krum Family HealthCare**

820 E. Mc Cart St #A

Krum, TX

940-482-6702

Nurse practitioner/Accepts Medicare/No Psych. Meds

Enfermera/ Acepta Medicare / No medicamentos de psiquiatría.

GLBTQ Resources

For Youth

Gay, Lesbian and Straight Education Network (GLSEN) - www.glsen.org

The leading national education organization focused on ensuring safe schools for all students.

Gay-Straight Alliance Network (GSA Network) – www.GSANetwork.org

A youth leadership organization that connects school-based Gay-Straight alliances to each other and community resources.

The Trevor Project – 1-866-4-U-TREVOR (1-866-488-7386) - www.thetrevorproject.org

Suicide prevention hotline and support information for GLBTQ youth.

Trans Youth Family Allies – www.ImaTYFA.org

Empowers children and families by partnering with educators, service providers and communities, to develop supportive environments where gender may be expressed and respected.

Youth First Texas – (214) 879-0400 or 1-866-576-0042 - www.youthfirsttexas.org

Support and resources for GLBT youth ages 14-24. Website has resources for youth questioning sexuality.

Miscellaneous

Campus Pride – www.CampusPride.org

Serves LGBT and ally student leaders and, or campus organizations in the areas of leadership development, support programs and services to create safer, more inclusive LGBT-friendly colleges and universities.

Dragonflies of Dallas – (214) 521-5342 x1752 - www.dragonfliesofdallas.org

Support and social group for Asian and Pacific Islander gay men.

***Family Pride Coalition (214) 521-5342 - glpcidfw@aol.com**

Support group for gay and lesbian families.

Genesis Women's Shelter (214) 942-2998

For women victims of domestic violence maintains lesbian outreach program.

GLBTQ Resources

GLBT National Help Center – www.GLBTHelpCenter.org

Dedicated to meeting the needs of the gay, lesbian, bisexual and transgender community and those questioning their orientation and gender identity.

You Are Not Alone (214) 521-5342

Support group for spouses married to lesbian/gay/bisexual people.

BiNet Dallas – (214) 521-5342

Social and support network for bisexual individuals.

Pride Institute of Texas – 1-800-547-7433 <http://pride-institute.com>

Substance abuse and mental health treatment for the gay/lesbian/bisexual/transgender community. Inpatient and intensive outpatient treatment available as well as aftercare, information and referral.

Intersex Society of North America <http://www.isna.org>

Gay/Lesbian/Bisexual/Transgender Advocacy

PFLAG Dallas – (972) 777-3524 or (214)520-7145

www.pflagdallas.org

PFLAG Denton – www.pflagdenton.org

PFLAG Fort Worth – www.pflagfortworth@charter.net

***Resource Center of Dallas – (214) 521-5342 – www.rcdallas.org**

Information on support groups and other resources for GLBTQ population.

HIV / AIDS Resources

***CDC National Prevention Information Network - 1 -800-458-5231 or 1-800-232-4636 –**

9 am-6pm – M-F-

Sends free information on various AIDS topics that callers request. Gives referrals to counseling and testing. Envía información gratuita en varios temas relacionados al SIDA que son requeridos. Da referencia a consejería y centros de examinación.

Healthcare.gov – 1-800-318-2596

***Health Services of North Texas - 4210 Mesa Drive - Denton - 940-381-1501 or 1-800-974-2437**

Services include: Outpatient medical care, case management, transportation, Housing assistance, Groups and Support, Counseling, Volunteer Support, Nutrition Center, HIV/STD Education, Insurance Assistance. HIV testing is free and offered on Thursdays 9:30 am- 3 pm.

Los servicios incluyen: Cuidado medico, manejo de casos, transportación, asistencia con hospedaje, grupos de apoyo, consejería, apoyo voluntario, centro de nutrición, educación del VIH o enfermedades venéreas, ayuda con aseguranza. La prueba del VIH es gratuita y se ofrece los jueves de 9:30am a 3:00pm.

Revised October 2013

HIV / AIDS Resources

***Texas AIDS Line – 1- 800-299-2437**

Information on signs and symptoms, at population and general information English and Spanish.

Línea de información en como identificar los síntomas, de la población e información general en Ingles y español.

Hotlines

***Many have Spanish Menus**

Pueden tener menú en español

Texas Department of Family Protective Services	800-252-5400 To Report Abuse
Child Protective Services	(Local) 940-381-3400
Denton County MHMR, Crisis Hotline	800-762-0157
Tarrant County MHMR	800-866-2465 or 817-335-3022
Poison Control	800-222-1222
United Way Community Information / Referral Service	211

Children - Hotlines

Texas Abuse Hotline of CPS	800-252-5400
Child Care Information Hotline	800-862-5252
ChildHelp USA (missing children)	800-422-4453
Girls and Boys Town National Hotline	800-448-3000
Immunization Hotline (CDC)	800-252-9152
Safe Riders (Infant Car Seats) Hotline	800-252-8255
National Missing/Exploited Children	800-843-5678
National Runaway Switchboard	800-786-2929
Texas Child/Adult Abuse	800-252-5400
Gun Violence/Speak Up	866-773-2587
Attorney General Child Support Services	800-252-8014
SIDS Alliance	800-221-7437

General - Hotlines

Attorney General Crime Victim's	
Contact Adult Crisis Line	972-233-2233
Contact Español Crisis Line	972-233-2428
Covenant House Neline	800-999-9999
Drug Abuse and Mental Health Hotline	800-662-4357
Drug Treatment Referrals	800-210-2278
Family Violence (Legal Hotline)	800-374-4673
Foster Care and Adoption Inquiry Line	800-233-3405
Injured Worker's Hotline	800-252-7031
Lawyer Referral Service	800-252-9690
Legal Assistance (Family Law Hotline)	800-777-3247
Literacy Hotline	800-441-7323

Revised October 2013

Hotlines

National Eating Disorders Association	800-931-2237
National Suicide Prevention Lifeline	800-273-8255
Post Partum Depression Hotline	800-773-6667
National Alcohol/Drug Referral	800-454-8966
National Domestic Violence Hotline	800-799-SAFE (7233)
National Sexual Assault Hotline	800-656-4673
TWC Employer Hotline	800-832-9394
TWC Unemployment Insurance Hotline	800-558-8321

Youth - Hotlines

Teen Contact Crisis Line	972-233-8336
Jason Foundation	877-778-2275
Texas Run Away Hotline	800-392-3352
Texas Youth Hotline	800-210-2278
The Trevor Lifeline	866-488-7386

Seniors - Hotlines

AARP (Texas)	866-227-7443
Aging and Disability Resource Center	877-229-9084
Consumer Rights	800-458-9858
United Way Information and Referral	940-566-2688 / 211
Denton County Senior Center (local)	940-349-8720
Denton County SPAN (local)	940-243-8620
Elder-Care Locator	800-677-1116
Legal Hotline for Older Texans	800-622-2520
Lewisville Senior Center (local)	972-219-5050
Medicare General Information	800-633-4227
Office of Attorney General Consumer Protection	800-252-8011
Social Security Administration	800-772-1213
Texas Department on Aging and Disability Services	800-252-9240

Housing / Shelters

***Arlington Night Shelter - 325 West Division – Arlington – (817) 548-9885**

Shelter, meals and rehabilitative services for homeless men, women and families. Evening meal served from 6:00PM to 8:00PM; breakfast & sack lunch issued before 7:00AM. Assists clients in becoming self sufficient through case management services, employment programs, and mandatory life / job skills classes. No fees.

Albergue, comida y servicios de rehabilitación para hombres, mujeres y familias sin hogar. La comida se sirve de 6:00pm a 8:00pm, desayuno y almuerzo para llevar se da antes de las 7:00am. Ayuda a los clientes a ser autosuficientes a través del manejo de caso, programas de empleo, y clases de herramientas laborales y de vida mandatorias.

Austin Street Shelter for the Homeless - 2929 Hickory – Dallas – (214) 428-4242

Housing / Shelters

***The Bridge - 1818 Corsicana Street - Dallas, TX 75201 – (214) 670-1101 – bridgenorthtexas.org**

Services include - outreach/intake services, jail diversion/reentry services, emergency shelter/transitional shelter services, primary health care/behavioral health care services, recreational/educational services, employment income/supported employment income/disability income services, affordable housing/supportive housing services. Open 24/7.

Ayuda en Español

***Buckner Children's Shelter – Dallas – (214) 328-3141**

C.I.T.Y. House - 902 East 16th Street – Plano – (972) 424-4626

Collin County intervention for youth.

***City Square – 511 N. Akard St. – Dallas – (214) 823-8710**

No temporary shelter or transitory housing. Provides permanent homes to our chronically homeless individuals coupled with wrap-around supportive services.

No hay albergue temporal. Provee albergue permanente y servicios de apoyo a personas sin hogar con enfermedades crónicas.

Collin County Homeless Shelter/Samaritan Inn - 1710 N. Mc Donald- McKinney – (972) 542-5302

Collin County Women's Shelter/Hope's Door – (972) 422-7233 or (972) 422-2911 (24 Hour Hotline)

Shelter and counseling center for women and children affected by domestic violence.

Cornerstone Assistance Network – 1628 Sixth Avenue – Ft. Worth – (817) 921-4006 or (817) 632-6000

For single, homeless men. Must be substance clean for 6 months. Applications accepted Mondays at 9:30 am. Waitlist of 4-6 months. Will accept individuals with Mental Illness and Individuals with Felonies. No Sex Offenders.

***Dallas Family Place – Hotline (214) 941-1991**

Emergency shelter, counseling and relief services for women and children affected by domestic violence.

Albergue de emergencia, servicios de apoyo y consejería a mujeres y niños afectados por violencia domestica.

***Dallas Genesis Women's Shelter (214) 942-2998**

Shelter for women and children affected by domestic abuse.

Albergue para mujeres y niños afectados por abuso domestico.

Dallas Life Foundation - 1100 Cadiz Street – Dallas – (214) 421-1380

Shelter for men, women, and children. Has 500 beds and will take families. Food and clothing also available.

Day Resource Center - 901S. Ervay St – Dallas – (214) 670-3043

Services for homeless including clothes and showers.

Housing / Shelters

Denton Affordable Housing Corporation - 610 North Bell Avenue – Denton, TX-76209 – (940) 484-7048 – www.dentonaffordablehousing.org
ADA properties-waiting list

***Denton County Friends of the Family – Denton - Crisis Lines (24/7): 800-572-4031 or 940-382-7273**
Emergency shelter for battered women and their children.
Alberge de emergencia para mujeres y niños golpeados.

Denton Housing Authority – 1225 Wilson Street – Denton, TX - 76205 - (940) 383-1504 or (940) 383-3039 – www.dentonhousingauthority.com
Provides rental assistance to low income families in Denton County.

The Freedom House – 3083 Trails End – Aubrey TX - 76227 – (940) 565- 5990 – www.dentonfreedomhouse.org – Six month faith-based residential program that includes job placement assistance. Individuals in recovery from substance use or any other issues are welcome. Program is free, but participants cannot be on any type of medication. Men only.

Geri-Options Consultation and Care - Denton – (940) 566-0902 - www.geri-options.com
Provides geriatric consultation and care management services to find residential services for seniors.

Grayson County Shelter - 331 W. Morton - Denison - (903) 465-6067
Shelter for men, women, children/families.

Habitat for Humanity of Denton County – 1721 N. Carroll – Denton, TX- 76201 – (940) 484-5006 – www.hfhdentoncounty.org
Offers a program for very low income families to purchase a new home with a no-interest loan and help in the construction of their home. Approval established through extensive application process.

Immaculate Conception Catholic Church - 2255 N. Bonnie Brae - Denton – (940) 565-1770
The emergency number (after hours and weekends) is (940) 387-6469. Homeless can stay the night if temperature reaches below 27. Food and clothing.

Leuty Avenue Apartments – 909 W. 7th Street – Justin, TX – 76247 – (940) 648-3296
Provides affordable housing for low-income families and individuals with disabilities. Approval based on income. Application fee applies.

Medication Outreach – 550 S. Edmonds – Lewisville, TX. – 75067 – (972)420-0424 or 1-866-446-0933 <http://www.medicationoutreach.com/site/>
Assists with enrollment in prescription assistance programs. Monthly fees apply. Office open 8a-4p Mon-Thurs. Online application must be completed and approved before services rendered.

New Beginnings – Garland – Administration and Outreach (972) 276-0423 and Crisis Hotline (972) 276-0057
For victims of domestic violence.

Housing / Shelters

New Name Ministries – (817) 920-5886 – Ft. Worth – www.newnameministries.org

Sex offender transitional housing program

North Texas Youth Connection (Formerly Juvenile Alternatives) – 1602 E. Lamar – Sherman, TX. - 75090 – 24 hour Crisis – 1-800-568-7776 or (903) 893-4717 – www.ntxyouthconnection.org

Voluntary and temporary placement for homeless, runaway and abused youth ages 10-17.

Presbyterian Night Shelter - 2400 Cypress Street - Fort Worth – (817) 632-7400 – Women with children call (817) 632-7429 for phone intake

Basic necessities to homeless population; 24-hour emergency intake / referral. Four different types of facilities available. Main shelter for adults. Separate shelter for women with children, Veterans and those in need of Mental Health Care. No limit on stay.

***Promise House 224 W. Page – Dallas – (214) 941-8578**

Emergency shelter and counseling for homeless teenagers 10-17.

Albergue de emergencia y consejería para adolescentes de 10-17 sin hogar.

Reconciliation Outreach - 4311 Bryan - Dallas - (214) 545-6500

Residential and non-residential program for men, women and single mothers that are homeless, or have drug and alcohol issues.

Safe Haven of Tarrant County – Hotline (877) 701-SAFE – (817) 535-6464 – (817) 460-5566

Shelter and support for victims of domestic violence

***Salvation Army - 5302 Harry Hines Boulevard – Dallas – (214) 424-7000**

Shelter for men, women, and families in need. Meals and food pantry available as well as assistance with utilities and rent. Programs for court ordered substance abuse and life skills training also available at this location.

Albergue para hombres, mujeres y familias en necesidad. Comidas y despensa de alimentos disponible también al igual que ayuda con los servicios y renta. Programas de entrenamiento ordenados por la corte para abuso de sustancias y herramientas para la vida diaria también están disponibles en esta oficina.

***Salvation Army Shelter - 1508 East McKinney Street – Denton – (940) 566-3800**

Shelter for men, women, and women with children. Maximum stay at Shelter is five days. Breakfast and dinner served. Check in begins at 5 pm. Food pantry as well as rent and utility assistance also available.

Albergue para hombres, mujeres, y mujeres con niños. Tiempo máximo en el albergue es de 5 días.

Desayuno y Comida disponible. Registro empieza a las 5pm. Despensa de comida, ayuda con los servicios y renta también disponible.

***Salvation Army of Tarrant County – 1855 Lancaster – (817) 344-1800**

Shelter for men, women, women with children and families. Three meals served daily. Check in from 4:30 pm – 9:00 pm.

Albergue para hombres, mujeres, mujeres con niños y familias. Tres comidas diarias. Registro de las 4:30pm a las 9:00pm.

Revised October 2013

Housing / Shelters

***Salvation Army Rehabilitation Center 2901 NE 28th Street - Fort Worth - 800-633-7706**

Treatment for individuals with identifiable needs resulting from alcohol and chemical dependency

Participants receive adequate housing, nourishing meals, medical care and engage in work therapy. They have the benefits of group therapy and skilled counseling.

Tratamiento para individuos con necesidades identificadas resultado de la dependencia al alcohol o a drogas.

Los participantes reciben hospedaje adecuado, comidas nutritivas, cuidado medico y terapia relacionada a un trabajo. Tienen beneficios de terapia en grupo y consejería con herramientas.

***Seidler House/Homeward Bound - 1513 North Fitzhugh – Dallas – (214) 821-0860**

Halfway house for men recovering from substance abuse. Denton County residents must go to Homeward Bound but may be directly referred by Probation / Parole Officer.

La casa Halfway para hombres en recuperación de abuso de sustancias. Los residentes del condado de Denton deben estar en arresto domiciliario pero pueden ser recomendados por un oficial que los ponen en libertad condicional.

Shady Shores Apartments – 401 N. Shady Shores – Lake Dallas, TX – 75065 – (940)497-4844

Provides affordable housing for low income families and individuals with disabilities. There is a \$10 application fee.

Sons of Thunder – 2128 Lakeview Lane – (940)387-5750

Motorcycle ministry shelter. Adults only.

Soul's Harbor – 13134 Nile Drive – Dallas – (972) 286-1940

Shelter and program for men with substance abuse issues. Call for intake.

Texas Department of Housing / Community Affairs - 1- 800-525-0657

Texas Re-Entry – 1408 St. Louis Ave. – Ft. Worth – (817) 834-2833 or (817) 834-2727 ext.18

Call to schedule an appointment.

Texas Veterans Hot Line – 1-800-252-8387

Information on funding for veterans on purchase of land / homes.

Union Gospel Mission Women's Shelter - 4815 Cass St Dallas - (214)638-2988

Temporary Shelter for women and children.

Union Gospel Mission Men's Shelter - 3211 Irving Blvd Dallas – (214) 637-6117

Temporary shelter for men.

Union Gospel Mission - 1321 East Lancaster - Fort Worth – (817) 339-2553 (Main)

Temporary shelter for men, women, children and seniors. 5 separate shelters available. Separate facility where meals are served.

Veterans Housing Program – 1518 E. Lancaster - Ft. Worth - (817) 255-7150

Housing / Shelters

North Texas VA Healthcare Services – 4500 Lancaster Road – Dallas - 1-800-849-3597

Welcome House/Operation Renew - 921 North Peak Street – Dallas – (214) 887-0696

Transitional housing for adults with substance abuse problems \$150 initially, \$135 / week. Life skills classes and counseling. Need photo ID and Social Security card. Intakes scheduled M-F 9a-4p.

Legal Resources

CASA (Court Appointed Special Advocates of Denton County) - 614 N. Bell – Denton – (940) 243-2272

Provides training volunteer advocates who conduct independent investigation after court appointment to a case involving a child that has been abused or neglected.

Denton County Alternative Dispute Resolution Program- 512 W. Hickory – (940) 320-1500

Assistance in resolving conflicts or disputes of interpersonal nature before they develop into a civil court action. Sliding Fee Scale.

Denton County District Attorney, Victim Assistance – (940) 349-2600

Services to victims of violent offenses including referral for counseling; preparation for court, court accompaniment during trial, assistance in crime victim's compensation applications.

Disability Rights of Texas (Formerly Advocacy, Inc.) – 1-800-252-9108

Advocacy for persons with disabilities.

Family Law Hotline – 1-800-777-FAIR or 1-800-777-3242

Family law only including child support, custody, visitation, decree modification. M-F – 8:30a-5:30p

***Fathers for Equal Rights – 701 Commerce Street #302- Dallas – (214) 953-2233 – 1500 N. Main Street Suite 120 – Ft. Worth – (817) 870-4880 – www.fathersforkids.com**

Attorney on staff (they donate their time to help members). Membership fees apply. Family law only and will see women as well.

Abogados en este despacho (donan su tiempo para ayudar). Alguna cuota puede ser dada. Casos familiares solamente y algunas mujeres también pueden presentar su caso.

***Lawyers Referral Services - State Bar of Texas – 1-800-252-9690 or 1-877-9TEXBAR**

Provides names and telephone numbers of local lawyers for consulting.

Provee nombres y teléfonos de abogados locales para pedirles consejo.

Legal Line – Dallas Bar Association - 2101 Ross Avenue – Dallas – (214) 220-7476

Attorneys will answer questions over the phone for free 5:30PM to 8 PM on second and third Wed. of each month.

Legal Aid of Northwest Texas – 625 Dallas Drive – Suite 350 – Denton – (940) 383-1406 or 1-800-955-1407

Provides legal services geared to low income persons and families (federal guidelines). Civil cases only.

Revised October 2013

Legal Resources

Opening Doors Immigration – 2200 N. Bell – Denton, TX. 76209 – (940)382-0096 – www.odisninc.org
ODIS provides services for family based permanent immigrant petitions and applications, with the exceptions of renewal of green cards, researching old temporary residents and finding their applications or petitions from long ago, or for those who never received their cards. Also provides assistance with SELF PETITIONS which consist of VAWA (Violence against Women Act). Fees apply.
Ayudando a los residentes del condado de Denton que buscan servicios de inmigración.

**Proyecto Inmigrante ICS, Inc. - 6850 Manhattan Blvd - Suite 200 - Fort Worth, TX - 76120
1-888-793-2182 Ext.201 - Inwood Plaza Tower - 12240 Inwood Road #206 - Dallas, Texas - 75244
1-888-793-2182 Ext. 3201 - <http://www.proyectoimmigrante.org/contact-us-2/>**

Local immigration services organization. Offers services in U.S. Citizenship and the program Deferred Action for Childhood Arrivals (DACA) which includes immigration legal assistance and community-based workshops on Citizenship and DACA.

**Texas Advocacy Project – PO Box 833 – Austin, TX – 78767 – (512)476-5377 -
info@texasadvocacyproject.org**

Hotline that refers victims of domestic violence to attorneys for free legal advice.

Texas VINE (Victim Information and Notification Everyday) – 1-877-894-8463

Provides victims of crime with information concerning the custody and court status of offenders.

Medical

***2 Affordable Family Clinic – 1927 Beltline Suite 146 – Carrollton – (972) 820-6660**

Low-cost family health care. Accepts Medicare, Medicaid, Amerigroup, and private insurance. Private pay rates are \$50 for adults and \$40 for children. No appointment necessary.

Cuidado medico a bajo costo. Acepta Medicare, Medicaid, Amerigroup, y aseguranza privada. Tarifa de pago privado es de \$50 por adultos y \$40 por niños. No se necesita cita.

Accolade Home Care – 2800 Shoreline Drive – Suite 204 – Denton – (940) 891-1161 or 866-211-2111

Services include skilled nursing, wound / ostomy care, enteral nutrition teaching, foot care, diabetic teaching / training, home care aid, physical therapy, occupational therapy, speech therapy, IV therapy, and medical social services. Accepts Medicare and other private insurance.

**Ann's Haven VNA – 325 W. McKinney – Suite 101 - Denton, TX – 76201 – (940)349-5900 –
www.vnatexas.org**

Care for those diagnosed with a terminal illness. Must have physician's orders for care to begin. Bereavement services are provided for one year following the death of a loved one.

**Bluebonnet Hospice- 1517 Centre Place – Suite 220 – Denton, TX – 76205 – (940)323-2122 –
www.bluebonnetc.com**

Hospice care for patients that have been diagnosed with a limiting illness. Must have physician's order. Accepts Medicare, Medicaid, private insurance and those with no insurance. Serving Denton and Collin counties.

Medical

***Christian Community Action (CCA) - 200 South Mill – Lewisville – (972) 219-4325 or (972) 436-4357
www.ccahelps.org**

Medical clinic. Patient pre-screening appointment required. Walk-ins accepted upon availability. Private pay fee is \$25 for Medical, Dental and Vision appointments.

Clinica Medica. Se requiere cita para primer examen. Se aceptan pacientes sin cita solo si hay espacio disponible. Pago particular es de \$25 para citas médicas, dentales o con el oftalmólogo.

***Denton Community Health Clinic – 525 S. Locust – Suite 200 – Denton, TX. 76201 - (940) 600-7527**

Non-profit community health clinic for adults and children. Services include care for diabetes, high blood pressure and heart problems, breathing problems/asthma, immunizations, well-woman/man care, health education, acute health problems. Clinic offers same day appointments. Must call due to clinic location being in transition. Will continue adults and children on psychiatric meds and can prescribe from \$4 list. Sliding scale fees and no one turned away due to inability to pay. Not taking new patients at this time.

Clínica de Salud sin fines de lucro para adultos y niños. Los servicios incluyen cuidado para diabetes, alta presión y problemas del corazón, problemas respiratorios/ asma, vacunas, cuidado de la mujer/hombre, educación medica, y otros problemas de salud. La clínica ofrece citas para el mismo día que usted llame.

Debe llamar para la ubicación de la clínica. Dara seguimiento a adultos y niños que están bajo medicamento psiquiátrico y se le puede prescribir desde \$4. Pago es basado en una escala, y nadie será rechazado por falta de pago.

Denton Dental Mission – 1010 N. Elm – Suite 106 - Denton, TX. – 76201

Free emergency dental treatment. Open Wed. and Fri. 9a-4p. Pre-screening required at Vision Ministries at 626 Wainwright.

***Denton Family Health Clinic - 1306 Teasley – Denton – (940) 382-5005**

All ages family healthcare. \$80 for new patients and \$65 after first visit if private pay.

Accepts Medicare and Medicaid. **No pain medications.**

Cuidado de salud para toda la familia. \$80 por pacientes nuevos y \$65 después de la primera visita si es pago independiente. Se acepta Medicare y Medicaid. No analgésicos.

***Denton County Health Department – 535 S. Loop 288 – Denton – (940) 349-2900
and 190 N. Valley Parkway – Suite 203 – Lewisville - (972) 434-4700**

Call office to see if pre-screening criteria is met. Services include Primary Care, Immunizations, STD clinic, TB Clinic and some Dental Services. No psychiatric medications.

Llame a la oficina par saber si cumple con los requisitos. Los servicios incluyen cuidado en general, vacunas, clínica para enfermedades venéreas, clínica para tuberculosis y algunos servicios dentales. No ofrecen medicamento psiquiátrico.

***Dentures and Dental Care - 2317 West University, Suite B8 - Denton - (940) 566-0127**

Initial Denture Examination is at no charge to individual. Dentures start at \$395 and end at \$895 per set if private pay. Patients can apply for twelve month no interest Medical Credit to pay for the dentures either at the clinic or on-line.

La revisión inicial de la dentadura no se cobra. Las dentaduras empiezan desde los \$395 hasta \$895 por el par si el pago es independiente. Los pacientes pueden aplicar para un crédito medio de doce meces sin intereses para pagar las dentaduras que se comprenden en las clínica o por internet.

Revised October 2013

Medical

Encompass Home Health Pediatric Services – (972) 673-0404 or 1-866-889-3500 – www.ehhi.com

Pediatric and Neonatal homecare services. Accepts Medicaid.

Family Care Services, Inc. – 7761 Raintree Ave.- Frisco, TX – 75034 – (972)668-8242 –

www.familycaresrv.com

Provides lifeline emergency response systems, medication dispensers, memory loss aids and medical ID. Lifeline emergency response systems covered by Medicaid CCAD, CBA and Star Plus. Available in Denton, Collin, Dallas and Grayson Counties.

***Family Healthcare of Denton (Dr. Stanley Evans) – 3105 Colorado Blvd. – Denton – (940) 383-3444**

All ages family healthcare. Private pay will range from \$145 - \$250. No Medicare or Medicaid. Physician will consider continuing psychiatric medications on a case by case basis.

Cuidado medico para toda la familia. La cuota con pago independiente va desde \$145 - \$250. No se acepta medicare o medicaid. El medico considerara continuar las medicinas psiquiátricas dependiendo de cada caso.

***Family Health Care, Inc. – (940) 381-2313 - 3537 S. I-35 E – Suite 210 -**

www.familyhealthcare-inc.com

Access to board certified Advanced Nurse Practitioners. Serves men and women ages 12 and older. Preventative care, STD testing and treatment, Prenatal and gynecology. Accepts Medicaid, Medicare, various insurance and private pay.

Acceso a enfermeras certificadas por el comité de práctica avanzada. Se atienden a hombres y mujeres desde los 12 años en adelante. Cuidado preventivo, tratamiento y examen de enfermedades venéreas, ginecología y cuidado prenatal. Se acepta Medicaid, Medicare, varias aseguranzas y pago independiente.

First Refugee Ministries– 1701 Broadway – Denton, TX – 76201 – (940) 222-4178

Medical care for children that have no insurance or have Medicaid or CHIP and unable to find a health care provider. Must live in Denton County. Services include antibiotics, medication assistance, chiropractic and massage therapy for pain management, nutrition counseling, well child care and immunizations. Does not charge an office visit fee, but \$25.00 donation appreciated. No one turned away due to inability to pay. Patient is responsible for lab tests and testing supply fees. Prescreening interview required.

Health Services of North Texas - 4310 Mesa Dr. - Denton - (940) 387-5788 – www.healthntx.org

Health clinic for low-income families. Also provides private pay mental health counseling services, guardianship services and HIV/AIDS Services. Accepts most insurance, Medicaid, Medicare, CHIP and Sliding Scale fees. Can prescribe anti-depressants and attempts to prescribe from \$4 plan. Clients will be expected to pay \$20 for office visit if private pay. Any other arrangements need to be made in advance.

Medical

***Indigent Health Care of Denton County – 535 S. Loop 288 – Suite 1052 – Denton, TX – 76205 – (940) 349-2940 – www.dentoncounty.com/ihc**

Those who qualify for Medicaid do not qualify. If not disabled, must complete application; notification takes approximately two-three weeks for approved. Substantial documentation required. Family of 1 income must not exceed \$407 per month with employment. Without employment, family of 1 income cannot exceed \$191.

Aquellos que califican para Medicaid no son aceptados. Si no esta deshabilitado, debe llenar una aplicación; la notificación toma aproximadamente dos a tres semanas para ser aprobada. Documentación sustancial es requerida. El ingreso de una familia de 1 persona no debe pasar de \$407 por mes con empleo. Sin empleo, el ingreso de una familia de 1 no puede pasar de \$191.

Islets of Hope - www.isletsofhope.com

Lists comprehensive diabetes assistance programs by state, as well as international resources for other countries. Includes private, corporate, and government programs.

Kiwanis Club Children's Clinic – 1001 N. Elm – Denton, TX - 76201 - (940) 387-6323 www.dentonkiwanisclub.org

Provides children's medical assistance, prescriptions and dental (0-16 years) for low-income families not on Medicaid.

Little Elm Medical Clinic – 730 Eldorado Pkwy. – Little Elm, TX – 75068 – (972)292-3330 – www.littleelmmcd.com

Services for acute and chronic illnesses for ages 3 and up. For residents of Little Elm and surrounding areas. Medicare and most insurances accepted.

***Metrocrest Family Medical Clinic – Medical Parkway -Suite 149 – Farmer's Branch, TX - 75201 Open 9am-5pm M-F by appointment only - (972) 484-8444**

Low cost for uninsured and underinsured individuals 16 and over. No one is turned away due to inability to pay, but each client is asked to pay \$10 (could be more depending on services provided). Appointments given based on the availability appropriate to the medical need. Unable to treat orthopedic injury, acute medical conditions (chest pain and pregnancy) or annual or school required physical exams. Serving Addison, Carrollton, Coppell, Farmer's Branch and adjacent zip codes. No Psychiatric Medications. Bajo costo para personas de 16 años o mas sin seguro medico o con seguro limitado. Ninguna persona será rechazada por falta de pago, pero cada cliente debe pagar \$10 (puede ser mas, dependiendo de los servicios que se le den). Las citas se dan en base a la necesidad médica. No se pueden tratar lesiones ortopédicas, condiciones graves medicas (dolores en el pecho y embarazo) o exámenes físicos anuales o escolares. Sirviendo a Addison, Carrollton, Coppell, Farmer's Branch, y los códigos postales cercanos. No medicamento psiquiátricos.

Mission Arlington Medical Clinic - 212 S Oak St. – Arlington TX. - 76010 – (817) 277-9597 - <http://www.missionarlington.org/services/mclinic>

Low cost medical clinic. Clients seen on first come first served basis. All services are free of charge and client does not have to be an Arlington resident. Psychiatric medications are prescribed with the exception of any controlled substances. Doctors prescribe \$4.00 medications and some samples are available depending on the medication.

Revised October 2013

Medical

NP Care Clinic – Mary Becton-Crouse, ARNP, MSN, FNP-BC - 2501 W. Oak Suite 101 – Denton – (940) 294-2944 – www.npcareclinic.com

Walk-in healthcare. No Medicaid or Medicare. Private pay will be \$80 for first visit and \$70 for additional visits. Will continue some psychiatric meds and attempt to stay to \$4 plan. Will not prescribe Zanax, Klonopin, or pain medications. Labs are extra.

***PediPlace - 502 South Old Orchard, Suite 126 – Lewisville, TX - 75067 – (972) 436-7962**

Pediatricians available. If private pay, \$80 wellness exam which includes shots. Private pay for sick visit is \$50. Accepts Medicare and Medicaid. No Blue Cross/Blue Shield.

Pediatras disponibles. Si el pago es independiente, \$80 por examen que incluye vacunas. Pago privado por visita es de \$50. Acepta Medicare y Medicaid. No Blue Cross/Blue Shield.

Planned Parenthood - 2436 S. I35 E. - Suite 340 – Denton – (940) 891-0737 –

and 1288 W. Main Street - Lewisville – (972) 221-7644 - www.plannedparenthood.org

Birth Control, Pregnancy Testing, STD Testing and Treatment, reproductive health services and education for men and women.

***Primary Care Clinic of North Texas - 570 Edmonds Lane - Suite 111 – Lewisville – (972) 221-6005**

Any uninsured adult or child over the age of 12 without regard to income or county of residence. Office visit \$35. Fees for routine blood tests range from \$6 to \$12. Pap smear available for \$80 per test (includes office visit). Will continue some psychiatric meds if stable. No pain medication or ADHD meds. Will attempt to prescribe from \$4 plan.

Para cualquier adulto o niño de 12 años o más sin seguro medico, no se pregunta por ingresos ni condado de residencia. La visita cuesta \$35. Los exámenes de sangre de rutina cuestan desde \$6-\$12. Examen de Papanicolaou \$80 por examen (incluye la visita). Continuara con medicamento psiquiátricos si el paciente esta estable. No analgésicos o medicamentos para tratamiento del ADHD. Se hará el intento de prescribir con el plan de \$4.

Providence of Texas - 8625 King George Drive, Suite 111 – Dallas – (214) 631-7002 or 1- 800-297-7936

Target population consists of children and adolescents between the ages 4-17. Provides intakes / assessments, psychiatric evaluation, and medication management, to individuals, group, and family. Will not take Denton County Medicaid. Medicaid and Chip only. No private pay

Texas Scottish Rite Hospital for Children – 2222 Welborn Street – Dallas, TX – 75219 – (214)559-5000 – www.tsrhc.org

Medical treatment for Texas residents birth to 18 years. Treatment available regardless of ability to pay.

Texas Dentists for Healthy Smiles - 1946 S. IH-35 - Suite 300 - Austin - 877-807-6453 www.tda.org

Programs for free dental care and education. Go to website to download application. Call for more information.

Medical

***The Today Clinic – 1318 Main Street - Lewisville - (214) 222-0781**

Low cost medical care. Walk-ins welcome. Open 10a-7p M-W and 10a-4p Sat. and Sun. Private pay only. Visits are \$49 and labs are extra. Will continue some psychiatric medications if stable and will attempt to prescribe from \$4 plan. No Methadone, ADHD medications or Benzos.

Cuidado medico a bajo costo. Se aceptan personas sin cita. Abierto de 10am-7pm Lunes a Miércoles y de 10am-4pm Sábado y Domingo. Pago independiente solamente. \$49 por visita y exámenes de laboratorio son extra. Continuará medicamento psiquiátrico solo si el paciente está estable y tratara de prescribir del plan de \$4. No Methadone o medicamento para ADH.

TWU Dental Hygiene Clinic – MCL Building at TWU Campus – First Floor - (940) 898-2888

Dental cleaning, x-rays, fluoride treatment and sealants. Closed during school breaks.

Urban Inter - Tribal Center of North Texas - 209 E. Jefferson Blvd Dallas – (214) 941-1050

For individuals with Native American ancestry in Dallas. Provides medical and dental services to individuals and families. Dallas county residents only. Various clinics.

VA Community Based Outpatient Clinic - 2223 Colorado Boulevard – Denton - (940) 891-6350

Primary care for veterans including, routine physical examination, laboratory testing, prescriptions, immunizations and preventive health maintenance.

Vision USA - 800-766-4466- www.aoa.org/visionusa

Call between 8:30 am-4 pm M-F. Provides free eye exams and may also provide eye wear at a minimal cost and must meet requirements. Application available online.

***Wisdom Health Care and Family Clinic – 403 Main Street – Suite B – Lewisville – (972) 436-1811**

Low cost family health care. Accepts Medicare, Medicaid, Amerigroup, and private insurance. Private pay rates are \$50 for adults and \$40 for children. No appointment necessary.

Cuidado medico familiar a bajo costo. Acepta Medicare, Medicaid, Amerigroup y aseguranza privada. Pago independiente varía desde \$50 por adultos y \$40 por niño. No cita necesaria.

WIC (Women/Infants and Children) – Denton Office - 535 S. Loop 288 - (940) 349-2930/ (972) 434-

8863 (Metro) – Lewisville Office - 359 Lake Park Rd., Suite 113 - (972) 221-1603 –

Carrollton Office - 3044 Old Denton Rd., Suite 113 - (972) 446-1507- The Colony (Christ Community Church) - 6404 Paige Rd. - Phone (972) 221-1603

WIC is a nutrition program that helps pregnant women, new mothers, and young children eat well, learn about nutrition, and stay healthy. Nutrition education and counseling, nutritious foods, and help accessing health care are provided to low-income women, infants, and children through the Special Supplemental Nutrition Program. Must meet eligibility requirements.

Medication Assistance Programs – (may need to meet certain criteria)

Abbot Laboratories	800-222-6885
Astra Zeneca	800-424-3727
Bristol-Myers Squibb	800-736-0003
Eli Lilly – Lilly Cares	800-545-6962
Forest Pharmaceuticals	800-851-0758
GlaxcoSmithKline	866-728-4368
Johnson & Johnson	800-652-6227
Merck	800-727-5400
Novartis	800-277-2254
Pfizer Inc.	866-706-2400
Shire Cares	888-227-3755
Sunovion	877-850-0819

Mental Health Hospitals

Baylor All Saints Behavioral Health Center - 1400 Eighth Avenue - Fort Worth – (817) 922-1162

Treats adults 18 and over for psychiatric and/or addictive disorders in outpatient programs.

Carrollton Springs – 2225 Parker Road – Carrollton, TX – (972)242-4114 –

www.carrolltonsprings.com

Inpatient, partial hospitalization and intensive outpatient treatment for adults with chemical dependency and mental health issues.

**Children’s Medical Center of Dallas - 1935 Medical District Drive – Dallas –
Psychiatry Inpatient (214) 456-2622 - Psychiatry Outpatient - (214) 456-5900 –
Intake Coordinator: (214) 456-8899**

Treats children ages 0-17. Accepts Medicaid; also has emergency facilities for children with Intellectual and Developmental Disabilities.

***Cook’s Children’s Behavioral Health - 801 Seventh Avenue - Fort Worth – Intake – (682) 885-3917**

Inpatient treatment for children 2-12. Other programs include partial hospitalization, outpatient and clinical therapist program.

Tratamiento para niños de 2-12. Otros programas incluyen hospitalización parcial, cuidado fuera del hospital y programas con terapeutas.

**Dallas VA Medical Center – 4500 Lancaster Road – Dallas – (214) 857-4313 or 1-800-847-4313
(Emergency Room) – Main– (214)742-8387 or 1-800-849-3597 –
Nationwide Crisis Line for Vets – 1-800-273-8255**

Help for eligible veterans.

Mental Health Hospitals

***Glen Oaks Hospital - 301 East Division – Greenville – (903) 454-6000 Crisis Line - 1-800-443-1109**

Accepts adults, children, and adolescents for psychiatric and chemical dependency in-patient treatment. Accepts Medicaid from any county (until age 21) and Medicare as well as nearly all private insurance. Also has partial hospitalization for children, adolescents and adults as well as Intensive outpatient programs for adults and seniors.

Se aceptan adultos, niños y adolescentes en tratamiento psicológico y de dependencia de sustancias. Se acepta Medicaid de cualquier condado (hasta los 21 años) y Medicare así como también casi todas las aseguranzas privadas. También se provee hospitalización para niños, adolescentes y adultos y programas intensivos para adultos y personas de la tercera edad.

Green Oaks Behavioral Health Services - 7808 Clodus Fields Drive – Dallas – (972) 770-0818 or 800-866-6554

Inpatient services for Adults and Adolescents. Accepts Medicare and Medicaid including North Star as well as most other private insurance.

Hickory Trail Hospital - 2000 N. Old Hickory Trail – Desoto – (972) 298-7323

In-patient, partial hospitalization and intensive outpatient treatment for children, adolescents, adults and seniors with alcohol, drug, and psychiatric issues. Accepts Medicare, Medicaid for Foster Children only, private insurance, North Star (Chemical Dependency Outpatient Only).

Huguley Behavioral Health Unit - 1181 South Freeway - Fort Worth – (817) 568-5950

Inpatient and outpatient treatment for individuals with psychiatric and chemical dependency issues. No detox for Opiates. Accepts Medicare and Medicaid. **No Medicaid for Outpatient program.**

***John Peter Smith Hospital (Trinity Springs Pavilion) – 1500 Main Street - Fort Worth – (817) 927-3636 – Main (817)429-5156**

Inpatient psychiatric treatment for adults and adolescents 13-17. Admissions are on the 10th floor (Psychiatric ER). Medicaid accepted. This is Tarrant County's indigent care hospital. **MUST** reside in Tarrant County to receive services.

Tratamiento psiquiátrico para adultos y adolescentes de 13-17 en la clínica. Admisiones son en el piso 10 (Emergencias Psiquiátricas). Se acepta Medicaid. Este es un hospital para indigentes en el condado de Tarrant. Debe ser residente del condado de Tarrant para poder recibir servicio.

Mayhill Hospital – 2809 Mayhill Road – Denton – (940) 239-3000 – www.mayhillhospital.com –

Inpatient treatment for adults and seniors with psychiatric and chemical dependency issues.

Medical Center of McKinney – 4500 Medical Center Drive – McKinney – 1-866-260-8000 – Main - (972) 547-8000

Adult and senior inpatient treatment.

Millwood Hospital - 1011 North Cooper Street – Arlington – (817) 261-3121 or 1-800-258-2440 – www.millwoodhospital.com

Adult, Child and Adolescent and geriatric inpatient psychiatric treatment. Adult Detox and drug/alcohol rehabilitation unit. Intensive Outpatient program for adults and adolescents through Excel Centers that are in Lewisville and Ft. Worth. Accepts Medicaid to age 21 and Medicare.

Revised October 2013

Mental Health Hospitals

North Pointe Family Center (part of UBH) - 2026 University Drive - Denton and 4100 Fairway Drive – Suite 200 – Carrollton – (940) 320-8100 or (940) 320-8155

Partial Hospitalization programs, Intensive Outpatient Programs and Medicare Outpatient Program for Mental Health and chemical dependency. Traditional Medicaid will not cover outpatient treatment. Serves children, adolescents and adults.

North Texas State Hospital – 6515 Kemp Blvd. - Wichita Falls – (940) 692-1220

State inpatient psychiatric facility for adults, seniors, children, adolescents and individuals with developmental disabilities.

Parkland Hospital – 5201 Harry Hines Blvd – Dallas - (214) 590-8000

Inpatient psychiatric services available.

Texas Health Presbyterian Hospital of Dallas - 8200 Walnut Hill - Dallas - (214) 345-6789

Inpatient and outpatient programs for psychiatric and chemical dependency issues.

Texas Health Springwood (Harris Methodist) - 1600 Hospital Parkway - Bedford - (817) 685-4000 (Main Hospital) – Intake for Psychiatric Services (817) 355-7777

Inpatient, outpatient and partial hospitalization services for adolescents age 13 to 17 and adults 18 and older. Provides psychiatric as well as addiction treatment. Accepts Medicare.

Presbyterian Hospital of Plano - (Seay Center) - 6100 West Parker - Plano – (972) 981-8255 (M-F 9a-4p)

Inpatient and outpatient psychiatric and chemical dependency programs for adults and adolescents. After hours, must go to ER.

***Red River Hospital Behavioral Health - 1505 Eighth Street - Wichita Falls – 1-800-234-5809 or (940) 322-3171**

Inpatient psychiatric treatment for adults, children and adolescents (6-17). Adult partial hospitalization and intensive outpatient services also available for psychiatric and chemical dependency issues. Accept Medicaid to the age of 20 and 65+. Accepts Medicare for all ages.

Tratamiento psiquiátrico en clínica para adultos, niños y adolescentes (6-17). Hospitalización parcial y tratamiento intensivo fuera de la clínica para adultos también con problemas psiquiátricos y dependencia de sustancias. Se acepta Medicaid para las edades de 20 y 65+. Se acepta Medicare para todas las edades.

Richardson Regional Medical Center - 401 West Campbell Road – Richardson – (972) 498-4861 after hours

Inpatient psychiatric and chemical dependency treatment. Adults only and accepts Medicare.

Sundance – Arlington – Main - (817) 583-8080 – www.sundancehealthcare.com

Inpatient mental health treatment for individuals aged 10 and up. Children are separated by gender. Facility accepts private pay, Medicaid, Medicare, most other insurance. No North Star. Specializes in behavioral issues.

Mental Health Hospitals

Timberlawn Mental Health System - 4600 Samuell Boulevard – Dallas –1-800-426-4944 - www.timberlawn.com

Inpatient treatment for adults, children and adolescents with psychiatric and chemical dependency issues.

TMC Behavioral Health Center – 2601 Cornerstone Drive – Sherman – (903) 416-3000

Adult/geriatric inpatient and partial hospitalization for psychiatric and chemical dependency treatment.

University Behavioral Health of Denton - 2026 West University Drive – Denton – (940) 320-8100

Specialized in mental health / chemical dependency care for children, adolescents, adults, and senior adults. Services include Assessment / Referral, Crisis Stabilization, Inpatient Psychiatric Care, Inpatient Chemical Dependency Care, Inpatient Dual Diagnosis, Inpatient Detox, Partial Hospitalization Program, Intensive Outpatient Program, Medication Management Services, Outreach Services.

UT Southwestern Zale Lipshy University Hospital - 5151 Harry Hines Boulevard – Dallas – Main Hospital: (214) 645-5555 or (214) 630-7285

Inpatient psychiatric treatment for adults. Accepts Medicare. No Secure Horizons.

Wise Regional -- 2000 S. FM 51 – Decatur – (940) 626-0145 - www.wiseregional.com

Inpatient psychiatric treatment for adults and seniors. Must be medically cleared prior to admission.

Supports for Individuals with Intellectual and Developmental Disabilities

Ability Connection Texas – www.abilityconnectiontexas.org – 1-800-999-1898

Provides care and support to children and adults with disabilities. Services include therapy, health services, day programs and in home supports.

ARC of Texas – 1-800-252-9729 or 1-800-252-9730

Information / referral for parents and professionals working with individuals diagnosed with IDD.

ARC of Denton County – 1- 800-375-4520 or (972) 463-8471– www.arcofdentoncounty.org

Services / programs for persons with IDD and / or physical limitations. Self-Advocates meeting every third Wed. of the month.

Association for Independent Living – 2826 Storey Lane – Dallas, TX – (214) 350-9039 – www.afildfw.org

Non-profit organization that provides residential independent living skills, supported employment, and social skills training to individuals under the age of 30 with developmental disabilities. Individuals must be medically stable and in good health. No married individuals or couples.

Autism Now – 1-855-828-8476 – www.autismnow.org

The national Autism resource and information center. An initiative of the ARC.

Supports for Individuals with Intellectual and Developmental Disabilities

Autism Speaks – www.autismspeaks.org

Advocacy and science organization that is dedicated to funding research into the causes, prevention , treatments and a cure for autism; increasing awareness of autism spectrum disorders; and advocating for the needs of individuals with autism and their families.

Best Buddies – www.bestbuddies.org

A national organization for people with intellectual disabilities. Focuses on 1 to 1 friendships and integrated employment. Works with schools.

Camp Summit – 921 Copper Canyon Road – Argyle, TX - 76226 - 972-484-8900

Summer residential camp for ages 6 to adult who are developmentally, physically and / or sensory impaired. Sliding Fee and scholarships for any county.

Connections Kids – www.connectionskids.com

Seasonal directory of special needs resources.

Down Syndrome Guild – www.downsyndromedallas.org – (214) 267-1374

Mission is to provide accurate and current information, resources and support for people with Down Syndrome, their families and the community.

Easter Seals of North Texas – www.ntx.easterseals.com – (972) 394-8900 – Carrollton

Creates opportunities that advance the independence of individuals with disabilities and other special needs. Services include autism services for children, audiology services, assistive technology services, respite care and habilitation services.

Home Instead Senior Care – 1992 Justin Road – Suite 200 – Highland Village, TX-75077- (972)317-0900 – www.homeinstead.com/685

Provides non-medical companionship care for seniors and disabled in client's home. Free home assessment. Serving Denton and Wise counties.

IASIS Learning Center – 116 E. Hundley – Lake Dallas, TX – 75065 – (940)498-2153 – www.iasislearning.com

Program for children 6-16 who have social skill deficits. Fees apply. Sliding scale available.

Kids Together – www.kidstogether.org

Information and resources for children and adults with disabilities.

Ladybug Home Care – (817) 249-7711 - www.ladybughomecare.com

Provides in home care for children, adults and individuals with special needs.

PATH Project – 1-800-866-4726 – www.partnerstx.org

Grant project of Partner's Resource Network, Inc. Serves as a free regional parent training and information center. Available to parents of infants, toddlers, children and youth with all types of disabilities.

Supports for Individuals with Intellectual and Developmental Disabilities

Reading and Radio Resource – 2007 Randall – Dallas, TX – 75201 - (214)871-7668

www.readingresource.org

Serves children and adults that are visually or physically disabled and/or learning differenced by transcribing printed material to an audio format. Fees apply. Scholarships available.

***Special Abilities of North Texas (Formerly Day Stay for Adults) –**

1960 Archer Ave. – Lewisville (972) 317-1515

Daytime health care and social activities for Denton County Adults who are chronically ill or impaired. Accepts Medicaid. Financial assistance for qualified participants.

Cuidado medico de día y actividades sociales para adultos en el condado de Denton con condiciones crónicas o incapacitado. Se acepta Medicaid. Asistencia financiera para participantes calificados.

Spirit Horse Therapy – 1960 Post Oak Drive – Corinth, Texas - (940) 497-2946

Only center in America that provides all private therapeutic horseback riding services free to people with disabilities, children who are victims of abuse, battered women, children who are terminally ill, at-risk-youth, and wounded US Iraq and Afghanistan veterans in their "Horses for Heroes" program.

Texas Department of Aging and Disability Services – Denton – (940)384-7901 or

State - 1-800-252-9240 - www.dads.state.tx.us

Texas Parent to Parent – 1-866-896-6001 – www.txp2p.org

Provides support and information for families of children with disabilities, chronic illness and other special health care needs.

***Therapy 2000 - (214) 467-9787 or 1-877-688-2520**

Intervention with children that are diagnosed with ADHD, Autism spectrum disorders and developmental delays. Also offer occupational and physical therapy.

Intervención para niños que son diagnosticados con ADHD, problemas dentro del Autismo y lento aprendizaje. También se ofrecen terapias físicas y ocupacionales.

Child / Adolescent /Parenting Resources

ALL COUNSELING RESOURCES IN COUNSELING SECTION

ADHD Center of North Dallas – 2459 E. Hebron Parkway - Suite 130 – Carrollton – (972) 428-7000 or 1-877-881-2147 – www.adhdnorthdallas.com

For children and adults who have been diagnosed or think they have ADHD. Services include parenting classes, individual and family therapy, play therapy, tutoring, testing for learning delays, medication management and nutritional guidance. Private insurance only.

Child / Adolescent /Parenting Resources

***Big Brothers and Big Sisters- Denton - (940) 383-4441**

Provides mentor for children ages 6-18. Agency matches child with screened adult who volunteers time to spend with child two to four times per month for minimum of one year. Volunteers welcome.

Ofrece mentores para niños de 6-18. La agencia reúne niños con adultos que han sido examinados quienes ofrecen su tiempo como voluntarios para estar con los niños de dos a cuatro veces por mes por el mínimo de un año. Todos los voluntarios son bienvenidos.

Camp Sweeney – 10687 FM 678 – Whitesboro, TX – 76273 – (940)665-2011

Camp for children aged 5-18 who have diabetes or are at risk of developing diabetes. Camp and medical fees apply. Financial aid available.

Cedar Crest - 3500 South Interstate 35 – Belton – (254) 939-2100 – Admissions – (254) 939-4021

Provides psychiatric, substance abuse and behavioral treatment for children and adolescents ages 4-17. Accepts Medicaid.

CHADD (Children and Adults with ADD and ADHD) - 1-800-233-4050 (National) – (469) 767-6866 (North Texas/Dallas Chapter) – chadd.org

Serves as a clearing house for evidence based information on ADD/ADHD as well as a local face to face support for families and individuals. Also provides advocacy for public policy.

Challenge Air – 7363 Cedar Springs Road – Dallas, TX. – 75235 – (214)351-3353 –

www.challengeair.org

Organization hosts “fly days” where children with disabilities and their families have the opportunity to fly a plane.

Child Care Answers – (214) 631-2273 or www.getchildcarenow.com

Information / referrals for child care in Dallas, Collin and Rockwall.

Child Care Management Services (CCMS) – 1300 Teasley Lane – (940) 382-5619 or 1-800-234-9306

Childcare for low-income families. Program offered through Workforce Solutions/TWC.

***Children’s Advocacy Center for Denton County– 235 W. Hickory – Denton, TX - 76201 – By appointment only - 1854 Cain Drive – Lewisville, TX – 75077 - (972) 317-2818**

The Children’s Advocacy Center for Denton County is a non-profit agency who works with law enforcement, the District Attorney’s Office, Child Protective Services, and medical professionals on the investigation and prosecution of severe child abuse cases in Denton County. CACDC also provides free counseling services to the children and to their non-offending family members including individual counseling, group counseling, and play therapy.

El centro de defensa de niños del condado de Denton es una agencia sin fines de lucro que trabaja con la aplicación de la ley, la oficina del fiscal del distrito, servicios de protección infantil, y profesionales médicos en la investigación y persecución de los casos graves de maltrato infantil en el condado de Denton. El CACDC también proporciona servicios gratuitos de consejería a niños y sus familiares, incluyendo consejería individual, en grupo y terapia de juego.

Child / Adolescent /Parenting Resources

Child Study Center – 1300 W. Lancaster – Ft. Worth – (817) 336-8611 – www.cscfw.org

The Child Study Center (CSC) provides diagnosis and treatment services to children from the ages of 0-21 who have, or are at risk for, developmental disabilities and related behavioral and emotional problems so that these children may achieve their full potential. Applications are available online. Sliding scale fee or insurance accepted.

Denton Area Home Childcare Association – www.dahcca.org

***Denton County Friends of the Family – Denton - Crisis Lines (24/7): 800-572-4031 or 940-382-7273**

Emergency shelter for battered women and their children as well as children's play therapy, activity therapy, parenting classes, parent support group, individual and group counseling to victims of sexual and physical assault and their loved ones.

Alberge de emergencia para mujeres golpeadas y sus niños también ofrecen terapia de niños, terapia con actividad, clases para padres, grupos de apoyo para padres, consejería individual y en grupo para víctimas de abuso sexual y físico y para sus seres queridos.

Denton County Kiwanis Club and Children's Clinic – 1001A North Elm - (940) 387-6323

Provides low-cost or no-cost medical, dental, and prescription assistance to disadvantaged children in the Denton area through its Children's Clinic. Referral service only.

Denton County Youth Today (YOTO) – 907 W. Main – Lewisville – (972) 342-2797

Provides drop in center to homeless teens in Lewisville at First United Methodist Church. Services include tutoring, mentoring, internet access, meals, showers, laundry facilities, and fellowship.

Denton ISD – Teen Parent Program – 1307 N. Locust – Denton, TX. 76201 – (940)369-0595 – www.dentonisd.org

Available to any student enrolled at Denton ISD that is pregnant or parenting.

Early Child Intervention (ECI) - 1-800-628-5115 – Through DARS – www.dars.state.tx.us/ecis

Launch Ability ECI- www.LaunchAbility.org – (469)385-7280 – Messages only.

***Fathers for Equal Rights – 701 Commerce Street #302- Dallas – (214) 953-2233 – 1500 N. Main Street Suite 120 – Ft. Worth – (817) 870-4880 – www.fathersforkids.com**

Attorney on staff (they donate their time to help members). Membership fees apply. Family law only and will see women as well.

Abogados (donan su tiempo para ayudar a miembros). Cuota por membresía aplica. Casos familiares solamente, se atienden a mujeres también.

IMAGINE Programs - 1947 Avenue K - Suite A-100, Building B – Plano – (972) 423-6007 – www.imagineprograms.net

Intensive outpatient program for adolescents and adults including assessment, evaluation, aftercare, and adjunctive programs. Marijuana intervention and education program. Accepts North Star, Medicaid and Sliding Scale private pay.

Child / Adolescent /Parenting Resources

Life Net – 9708 Skillman Street - Dallas TX – (214) 932-1973

Provides outpatient services for children aged 4-17 with mental health issues through Young Minds Program. Accepts individuals with no insurance, CHIP, Medicaid, Medicare, Amerigroup, Molina , CompCare. Other Life Net Services offered at The Bridge. Serves children in Collin and Dallas counties only.

Metrocrest Area Family Child Care Association – Carrollton, TX - (972) 241-2427 –

<http://mafcc.metrodaycare.com/content/templates/about.php?companyid=198880>

Provides free list and information on area day care providers. All providers are registered or licensed through the Texas Department of Family and Protective Services.

Parenting Alone – 1445 MacArthur Dr. – Suite 248 – Carrollton, Texas 75007 – (972) 242-7100

www.parentingalone.org

Support and counseling for families going through a break-up.

PATH Project – 1-800-866-4726 – www.partnerstx.org –

Grant project of Partner's Resource Network, Inc. Serves as a free regional parent training and information center. Available to parents of infants, toddlers, children and youth with all types of disabilities.

Phoenix House – A Feinberg Academy - 2345 Reagan Street - Dallas, TX 75219 - 877-769-9698

Inpatient Substance abuse treatment for children and teens

Phoenix House – 200 Greene Road – Wilmer, TX. – 75172 – (800) 378-4435

Dallas County Judicial Treatment Center- Intensive Residential Treatment as Alternative to Incarceration.

Single Parent Family Program (Through Cumberland Children's Home) – (940) 382-5112 x252 intake

Open to single mothers or fathers who have lost custody of their children. This is a transitional program offering housing up to a year. Family therapy, educational and recreational opportunities, job and life skills training are all offered. Houses up to 10 families in duplex units.

Spirit Horse Therapy – 1960 Post Oak Drive – Corinth, Texas - (940) 497-2946

Only center in America that provides all private therapeutic horseback riding services free to people with disabilities, children who are victims of abuse, battered women, children who are terminally ill, at-risk-youth, and wounded US Iraq and Afghanistan veterans in their "Horses for Heroes" program.

Suicide and Crisis Center – 2808 Swiss Avenue – (214) 824-7020 – Crisis Hotline – (214) 828-1000

Teen outreach program that includes awareness training, TeenScreen® mental health screening and Survivors of Suicide debriefing support groups.

***Therapy 2000 - (214) 467-9787 or 1-877-688-2520**

Intervention with children that are diagnosed with AD/HD, Autism spectrum disorders and developmental delays. Also offer occupational and physical therapy.

Intervención con niños que son diagnosticados con ADHD, problemas dentro del Autismo, y lento aprendizaje. También ofrecen terapia ocupacional y física.

Child / Adolescent /Parenting Resources

Waco Center for Youth - 3501 North 19th Street - Waco - (254) 756-2171 (Main) or (254) 745-5175 (Intake)

Psychiatric residential treatment facility for ages 13-17 with emotional and behavioral issues including individual / family therapy.

Youth First Texas - 3918 Harry Hines Boulevard- Dallas – (214) 879-0400 or 866-576-0042 – www.youthfirsttexas.org

Organization committed to providing social services, education, opportunities, and recreational activities to Gay, Lesbian, Bisexual, Transgender, and Questioning Youth through age 22. Youth First Texas has support groups that meet Thursday evenings at various locations in the DFW area.

Miscellaneous Resources

Adapt of Texas in Dallas– 1-877-315-0488 – Crisis Line – 1-866-260-8000

Adapt of Texas provides community support and clinic services within a 7-county area in and around Dallas, Texas. Adapt has clinics located in the following Texas communities: Dallas, Corsicana, Kaufman, McKinney, Plano and Waxahachie.

Allsup – (866) 606-8812 – www.allsup.com

Assistance in application for SSDI. Call for a free evaluation. They provide non-attorney representation and education on the application process and will not collect funds unless you are awarded benefits.

American Cancer Society Smoking Cessation Quitline – 1-877-937-7848

Free and confidential phone counseling for smoking cessation.

American Red Cross of Denton – 1200 S. Woodrow Lane – Suite 200 – Denton – (940) 384-0880

Assistance to victims of disaster.

Catholic Charities of Dallas – 1-800 – BABY DUE (maternity and adoption services) – www.catholiccharitiesdallas.org

Pregnancy / adoption services, as well as individual and family counseling for expectant families. Legal and immigration services, refugee and empowerment services, older adult services.

***Christian Community Action (CCA) - 200 South Mill Street – Lewisville – (972) 221-1224**

Services may include assistance with housing, utilities, food, childcare, transportation, clothing, school supplies and job search. Need identification, social security card, birth certificate, monthly expenses, lease (copy), and proof of income.

Servicios pueden incluir ayuda con hospedaje, servicios, comida, cuidado de niños, transportación, ropa, y búsqueda de trabajo. Necesita identificación, tarjeta de seguro social, acta de nacimiento, gastos mensuales, renta (copia de contrato), y prueba de ingresos.

Christian Community Storehouse of Keller – 4640 Keller-Hicks Road (Corporate Office) – 212 N. Oak Street –Roanoke (Financial Assistance Office) - (817) 431-3340

Keller School District only. Financial assistance with rent, food and utilities.

Miscellaneous Resources

City of Denton Community Development Division – 601 E. Hickory–Suite B – Denton, TX – 76205 - (940)349-7726

Programs include homebuyer assistance, home improvement and minor repair if individuals meet income guidelines.

Consumer Credit Counseling Service of North Central Texas, Inc. – Green Path - 207 West Hickory, Suite 202 - Denton - (940) 382-0331 or 800-856-0257

Assistance with credit issues and financial planning.

**Dallas County Child Protective Services - 2355 Stemmons Freeway – Dallas – (214) 951-7902
24 Hour Hotline: 800-252-5400**

Denton County MHMR - Peer Support Groups - Call for meeting times

Denton: 2519 Scripture – (940) 381-5000

Lewisville: 101 East Corporate Drive – (214) 488-0121

***DARS Disability Determination Services – 1-800-252-9627**

Information about the Social Security Disability Program and status of individual claims.

Información sobre el programa de discapacidad del seguro social y estatus de reclamos individuales.

Goodwill Industries - 2030 West University – Denton – (940) 566-0398

Thrift store that includes items such as clothing, furniture, house wares, etc.

Geri-Options Geriatric and Care Management – (940)566-0902 – www.geri-options.com

Services to the elderly and their families including long-term care arrangements and case management.

Grant Halliburton Foundation – 800 E. Campbell Rd., Suite 290 – Richardson – (972) 744 -9798

www.granthalliburton.org

Programs for mental health awareness and suicide prevention for youth.

Greater Lewisville Cares – 5500 Morriss Road – Flower Mound, TX – 75028 – (469)464-9358 –

www.greaterlewisvillecares.org

Volunteer program that builds ramps for the elderly, financially needy and disabled. Helps seniors with yard work and house cleaning.

Hearts for Homes – 1012 B North Masch Branch – Denton – (940)891-0947 – www.heartsforhomes.org

Housing repairs for very low income elderly. Available 9a-4p or when volunteers available to answer phones.

Medicare Hotline – 1-800-633-4227 (Information)

Miscellaneous Resources

**Metrocrest Social Services – 13801 Hutton Drive – Suite 150 – Farmers Branch, TX – 75234
(972) 446-2100 – metrocrestsocialservices.org**

Rent, utilities food, clothing, furniture, household items and some medical assistance (when funds are available). Also provide employment assistance and back to school assistance. Individuals must make appointment one week in advance and must live in Carrollton, Farmers Branch, Addison, Coppell and zip 75287 vicinity. Individuals will be assigned a caseworker. All individuals must have identification, copy of their lease, proof of income for the last 30 days, social security card / birth certification, copy of utility bill, and proof of crisis.

**MG Disability – P.O. Box 2799 – Frisco, TX. – 75034 – (817)688-2225 or (972)965-1995
www.mgdisability.com**

Non legal advocacy and representation for SSDI.

Modest Needs Grants – (212) 463-7042 - <https://www.modestneeds.org/for-applicants/>

Modest Needs is a registered charity that promotes the self-sufficiency of low-income workers by helping them to afford short-term, emergency expenses.

**Mosaic Family Services, Inc. – 4144 North Central Expressway – Suite 530 – Dallas, TX – 75204
(214) 821-5393 - <http://mosaicervices.org/>**

Support, educate, and empower the multicultural individuals and families of North Texas. Provides legal representation, shelter, case management, counseling and community education for refugees, victims of human trafficking and family violence survivors.

**NAMI of Denton County- Crossroads Bible Church - Room 201 - 8101 FM 407 –
Double Oak, TX – 75077 - (469) 671-0421**

Provides a support group for family and friends of individuals with severe / persistent brain disorders every Monday from 7:00PM to 8:30PM. There is also a support group (Recovery International) that meets on the same date / time in Room 202 for persons with mental illness. The RI support group also meets on Wednesdays at DCMHMR at 2519 Scripture from 1p-2:30p in room 193.

North Central Texas Area Agency on Aging – 1-800-272-3921 – www.nctcog.org

A regional organization that plans, coordinates and delivers services for persons age 60 and over and their family caregivers.

Paws With a Cause – pawswithacause.org

Assistance in obtaining a service animal. Must complete an application.

The Plan of North Texas - 13151 Emily Road - Suite 240 – Dallas – (972) 690-7526 – planofntx.org

PLAN of North Texas is a non-profit membership organization that provides care planning services, and educational programs to parents and their adult children who have serious and persistent neurobiological disorders including schizophrenia, bipolar disorder and manic depression.

**Retired Senior Volunteer Program (RSVP)– 1316 E. McKinney – Denton, TX – 76209 - (940) 383-1508
www.rsvpserves.org**

Volunteer program for ages 55 and over.

Ruth's Room - Habitat for Humanity – 1721 N. Carroll Street - Denton - (940) 591-7884

Resale store with clothing and miscellaneous items.

Revised October 2013

Miscellaneous Resources

Safelink Wireless – 1-800-723-3546 – Free cell phones for individuals with Amerigroup.

Senior Adult Services – 1 Medical Parkway – Professional Plaza 1 – Suite 115 – Farmers Branch, TX – 75234 – (972)242-4464 – www.senioradultservices.org

Minor home repair to increase home safety for seniors. Ramps, rails, grab bars and smoke detectors. Some exterior home maintenance available. Adults over 60 living in the cities of Coppell, Carrollton, Addison and Farmer's Branch.

Singing Oaks Church - 101 Cardinal Drive – Denton – (940) 387-4355

Clothing and food. Also has a bike ministry. They will take old bikes and refurbish them to give to those in need of transportation. They are open 8a-5p Mon-Fri.

Social Security Administration - 2201 Colorado Blvd. - Denton -1-888-717-1530 (local)

Assists residents of Denton / Wise County file for retirement, survivors, disability, and Medicare. In addition, will establish eligibility for SSI income for the aged, visually impaired and disabled.

Texas Commission on Alcohol / Drug Abuse – 1-800-832-9623

Texas Health and Human Services – 211 or 1-800-221-5689

Information regarding Medicaid, Food Stamps, or TANF (Temporary Assistance for Needy Families).

Texas Paralyzed Veterans Association – 1-800-933-4261

Provides information on health and rehabilitation for paralyzed veterans.

Cross Timbers Family YMCA - 2021 Cross Timbers - Flower Mound – (972) 539-9622

Complete form for financial assistance with membership dues.

North Star/Value Options - 1199 South Beltline Road - Coppell - 1-888-800-6799

Collin / Dallas / Kaufman / Ellis Counties and is equivalent of Medicaid in these counties.

Private Psychiatrists

Wallace Townsend-Parchman

207 W. Hickory - Suite 110 - Denton

(940) 243-9367

No insurance/No sliding scale/ private pay only

\$240/80 minutes

\$125/25 min. follow-up

Dr. N.M. Vasaveda / Dr. Strabeck

4100 Fairway Drive – Carrollton, TX.

(972) 221-1741

Lisa Pierce

Lewisville

(940) 382-1120 or (972) 221-7722

Paul Hamilton

7707 San Jacinto Place – Suite 300

Plano, TX.

(972) 960-1300

Aetna, Cigna or Private Pay. No sliding scale.

UT Southwestern Medical School Psychiatry Offices

2201 Inwood

Dallas, TX

(214) 648-7012/Clinic (214) 645-8500

Sliding Scale Fees – Must complete application.

Revised October 2013

Support Groups (Local)

Ability Connection Texas	1-800-999-1898
AIDS Services of North Texas	(940) 381-1501
Alcoholics Anonymous	(940) 566-9989
ALS (Lou Gehrig's Disease)	1-800-782-4747
Alzheimer's Association Support Group	(214) 827-0062
Ann's Haven Hospice (Denton County)	(940) 349-5900
Deaf Action Center - Dallas	(214) 521-0407
Denton County Grief Support Resources	(972) 539-8547
Denton County MHMR Peer Support Group	(940) 381-5000
Friends of the Family	(940) 387-5131
Grief Shared	(940) 382-2577 x150
Grief Support Group Corinth	(940) 272-2515 or (940) 321-5672
Immaculate Conception Grief Support Group	(940)382-5989
Loss of a Child /Safe Haven Bereavement	(940) 349-5900
Medical Center of Lewisville Grief Support	(972)420-1036
Multiple Sclerosis Society	(214) 373-1400
Overeater's Anonymous	(972) 238-0333
REACH	(940) 383-1062
Touched by Suicide (Denton)	(940) 262-0877
Touched by Suicide (Flower Mound)	(972) 539-0514
Touched by Suicide (Lewisville)	(972) 420-7270
Visiting Nurses Association	(214) 689-0000
Women to Women Pregnancy Resource Center	(940) 383-4494

Support Groups / Miscellaneous Health and Mental Health Information

ALS (Lou Gehrig's)	(800)782-4747
American Diabetes Association	(800)342-2383
American Hospice Bereavement Group	(972) 228-2634
American Parkinson Disease Association	(800) 908- 2732
America's Crisis Pregnancy Helpline	1-800-672-2296
Brain's Behavior Research Foundation	(516) 829-0091
Cancer Information Hotline	(800) 422-6237
Compassionate Friends (Grief Support) Collin/Plano	(214) 537-5460 or (469) 223-4522
Compassionate Friends (Grief Support) Wylie	(682) 225-9867
DARS Visual Impairment Services	(800) 628-5115
Denton County NAMI	(469) 671-0421
Donor Programs - Southwest Transplant Alliance	1-800-201-0527
Emergency Services	
Christian Community Action	(972) 221-1224
Rape Crisis Center (Plano)	1-800-886-7273
First Baptist Church Grief Support Group	(940) 272-2515
Hearing Impaired Services	(800) 332-3873
HIV/AIDS Hotline	(800)299-2437
Infectious Disease Hotline	(800) 252-8239

Revised October 2013

Support Groups / Miscellaneous Health and Mental Health Information

Lawyer Referral Service	1-800-252-9690
National Alliance for the Mentally Ill (NAMI)	1-800-950-6264
National Alzheimer's Association	(800)272-3900
National Institute of Mental Health	(301) 443-4513
Narcotics Anonymous	(972) 699-9306
Planned Parenthood	(972) 258-0021
Post Partum Depression	1-800-PPD-MOMS or 1-800-773-6667
Substance Abuse Database and Treatment Hotline	(800) 711-6375
Texas DADS/DSHS Client Rights	800-252-8154
UT Southwestern Psychiatry	214-645-8500
Vietnamese Exercise and Support Group	972-530-0804

Transportation

American Response (Ambulance) – (214) 353-7600 or 1-800-898-0923

DCTA Connect – (940) 243-0077

Medicaid Transportation – 1-877-633-8747

Services Program for Aging Needs (SPAN)

Denton: 940-382-2224

Lewisville (Metro): 940-243-8620

For Transportation: 940-382-1900

Persons under the age of 60 with disability and unable to use public transportation. Must meet ADA requirements. SPAN goes to medical facilities in the D/FW area. Call for application.

Vision and Hearing

American Foundation for the Blind	800-232-5463	www.afb.org
American Speech, Language, Hearing Association	800-638-8255	www.asha.org
Better Hearing Institute	800-327-9355	www.betterhearing.org
Dallas Lighthouse for the Blind	214-821-2375	www.dallaslighthouse.org
Deaf Action Dallas	866-685-0407	www.dactexas.org
<ul style="list-style-type: none">• Heather Hughes (deafness resource specialist)• Esther Kelly (hearing loss resource specialist) V/TTY	214-295-9654	DeafnessRS3a@dars.state.tx.us
Eye Care America (National Eye Care Program)	214 - 521-0407	esther.kelly@dactexas.org
Lion's Club – Eyeglasses - Denton	877-887-6327	www.eyecareamerica.org
New Eyes for the Needy	973-376-4903	www.dentonlions.org
North Texas Taping for the Blind, Inc.	800-871-7668	www.neweyesfortheneedy.org
Reading and Radio Resource	800-871-7668	www.tapingfortheblind.org
Recording for the Blind and Dyslexic	800-221-4792	www.readingresource.org
Sight for Students		www.tapingfortheblind.org
Speech and Hearing Clinic – TWU	940-898-2285	www.sightforstudents.org
Speak Up Texas	877-325-8789	www.twu.edu
Starky Hearing Foundation	866-354-3254	www.speakuptexas.com
www.starkyhearingfoundation.org		
Texas Commission for The Blind (TCB)	800-628-5115	www.dars.state.tx.us
Vision USA	800-365-2219 ext. 4209	

Volunteer Services

Big Brothers Big Sisters	(940) 383-4441
Boy Scouts of America – Longhorn Council	(817) 231-8500
Girl Scouts of Northeast Texas	(972) 349-2400
Retired Seniors Volunteer Program (RSVP)	(940) 383-1508
Service Program for Aging Needs (SPAN)	(940) 382-2224

Web Sites

Adaptive Ski & Sport Programs	www.sitski.com
Alzheimer's Association of Greater Dallas	www.alz.org/greaterdallas
American Cancer Society	www.cancer.org
American Diabetes Association	www.diabetes.org
American Foundation for Suicide Prevention (AFS)	www.afsp.org
American Heart Association	www.heart.org
American Pregnancy Association	www.americanpregnancy.org
American Psychiatric Association (APA)	www.psych.org
American Red Cross Denton Branch	www.redcrossdallas.org
American Association of Suicidology	www.suicidology.org
Anxiety Disorders Association of America (ADAA)	www.adaa.org
Asperger's Support	www.aspergerssociety.org
Assurance Wireless – Free Cell Phones	www.assurancewireless.com
Autism Society	www.autism-society.org
Autism Speaks	www.autismspeaks.org
Bereaved Parents of North Texas	www.bereavedparentsntx.org
Depression / Bipolar Support Alliance (DBSA)	www.dbsalliance.org
Families for Depression Awareness	www.familyaware.org
Grief Support	www.caringinfo.org
Hospice Network	www.hospicenet.org
Journey of Hope - Grief Support for Children / Families.	www.johgriefsupport.org
Kids Enabled – Resource for children with learning issues	www.kidsenabled.org
Leukemia and Lymphoma Society	www.lls.org/ntx
March of Dimes	www.marchofdimes.com/texas
Miscarriage/Stillbirth/Early Infant Death	www.hopexchange.com
Mental Health America	www.nmha.org
Mental Health America of Texas	www.mhatexas.org
Multiple Sclerosis Society	www.nationalmssociety.org
Muscular Dystrophy Association	www.mdausa.org
National Alliance on Mental Illness (NAMI)	www.nami.org
National Association for Self-Esteem	www.self-esteem-nase.org
North Texas Job Corps Center	www.jobcorps.gov
Post Partum Depression	www.ppdmoms.org
Service Dogs	www.servicedogs.org
Smoking Cessation for Expectant Mothers	www.legacyforhealth.org
Smoking Cessation	www.quitsmoking.com
Smoking Cessation	www.smokefree.gov

Revised October 2013

Web Sites

Smoking Cessation	www.yesquit.org
Social Security Administration	www.ssa.gov
Support for People with Depression	www.depression.about.com
Support for People Struggling with Problems (Suicide)	www.suicidal.com
Support for Grieving Children and Parents	www.thewarmplace.org
Support for Single Mothers	www.singlemothershelp.org
Support for Suicide Survivors	www.touchedbysuicide.org
Sudden Infant Death Syndrome	www.sids-network.org
Teen Smoking Cessation	www.worthit.org
Teen Smoking Cessation	www.thetruth.com
Teen Smoking Cessation	www.stop_tabac.ch/en
Texas Department of Assistive and Rehabilitative Services	www.dars.state.tx.us
Texas Suicide Prevention	www.texasuicideprevention.org
Texas Workforce Commission	www.twc.state.tx.us
Volunteer Center of North Texas	www.volunteernorthtexas.org
Adult/ Child ADHD	www.chadd.org

Group Homes

Angels Recovery House – P.O. Box 572046 – Dallas, TX - 75357 – Intake (214) 498-8510

There are 15 houses in Northeast Dallas area. Transitional housing for individuals with chemical dependency and mental health issues.

Barrett's Home Care – 2616 Harbor Light Drive – Little Elm, TX - 75068 – (214) 207-1300

Provides 24 hour assisted living to individuals that are retired, have mental health or developmental disabilities. Private pay and Medicare accepted.

Boarding Houses – Call Manny at (972) 679-6657

Homes located in Dallas, Garland and Richardson. Serves Teenagers, women and men.

Calab, Inc. – 2400 E. Arkansas Lane – Arlington – (817) 633-8511

Group homes for individuals with IDD or dual diagnosis. HCS, ICF and Texas Home Living Programs.

Darnell Residential Care Facility – 7532 Gaylen Drive, TX - 75217 – (214) 398-8642

Provides assisted living to individuals with mental health and developmental disabilities. Accepts private pay and licensed by DADS.

Daybreak Group Homes- 2505 South I-35 W – Burleson, TX - 76208 – (817) 447-2700 or 1-800-299-5161 – www.daybreak-hcs.com

Group homes for individuals with IDD. HCS and ICF-MR facilities.

Destiny Life Group Home – (214)801-8316 – destinylifeo498@gmail.com

Five bed assisted living for males only.

Good Life Homes – (469)474-5079 – kariukicyap@gmail.com

Five bed co-ed assisted living home.

Revised October 2013

Group Homes

Pathways to Adult Living (PAL) – 921 West Cannon Street - Fort Worth, TX - 76104 - (817) 810-0606

Assisted living community for individuals with mental illness.

***The Wood Group – 3610 Barnett Road - Wichita Falls, TX - 76310 – (940) 767-0463**

Need to be a client of Wichita Falls MHMR home therapy program. Serves individuals with mental health issues.

Necesita ser un cliente del programa de terapia en casa de Wichita Falls MHMR. Sirven a individuos con problemas mentales.

We Care Facilities- Melonie Baker - (469) 685-4663 – www.wecarefacilities.org - mickey_bkr@yahoo.com

Assisted living for individuals with mental illness or developmental disabilities. Accepts Medicare and Medicaid. Serves Denton , Dallas, Collin, Tarrant and surrounding counties.